

## PAINWEEKEND™



*Pain Management for  
the Main Street Practitioner*

**April 6–7 2019**

Garden Grove, CA

### Target audience

The educational design of this activity addresses the needs of frontline clinicians: physicians, nurses, nurse practitioners, physician assistants, and pharmacists involved in managing acute and chronic pain.

### Current clinical climate

Whether you're in a hospital or office-based practice, chronic pain patients are everywhere—and YOU are absorbing the burden of their care.

**Don't run out the back door when a pain patient calls on you—the family practitioner or pain specialist. So many people need your help, and you will get through the current controversies on pain management. Stick with it, learn your licensing board rules and guidelines, and try to follow them. Make your own compliance checklist and really think about what you're documenting. Make sure that you plan ahead and have a valid demonstration of best practices.**

— Jennifer Bolen JD—Founder, Legal Side of Pain

The PAINWeekEnd agenda is purposely constructed for the busy clinician, delivering relevant, practical information, together with the opportunity for interaction and exchange with faculty and fellow attendees.

*Pain Management for the Main Street Practitioner* has been created to streamline the clutter of information on assessment, evolving guidelines, risk management, and changing reimbursement scenarios. Join us for clinical, legal, and practice management CE/CME designed expressly for frontline clinicians. Participants can receive 12.0 CME/CE credits as they expand their capabilities in the assessment, diagnosis, and management of chronic pain conditions.

PAINWeekEnd Regional Conferences are produced by PAINWeek®—the leading pain education resource for frontline practitioners. Chronic pain is a major public health issue and a challenge that primary care clinicians face every day as they absorb the burden of care for aging baby boomers.

### Educational objectives

By participating in PAINWeekEnd, you will be able to:

- Describe the ethical, legal, and clinical concerns involving involuntary tapers
- Identify pain treatment-related regulatory agencies
- Identify common trends in legal actions against opioid prescribers
- Review the pharmacology of marijuana and the impact of various routes of administration
- Discuss common beliefs and inconsistencies about the role of prescription opioids in the opioid crisis
- Identify the core elements of medical necessity
- Develop an understanding of the role of behavioral interventions in the management of pain and the data supporting their use
- Recognize factors that contribute to burnout
- Define the microbiome
- Review current evidence based approaches to opioid tapering in chronic noncancer pain
- Recognize the role of interdisciplinary care in pain management
- Discuss the medicinal use of cannabinoids in pain

### Faculty

#### Jennifer Bolen JD

*Founder*  
The Legal Side of Pain  
Knoxville, TN

#### Douglas L. Gourlay MD, MSC, FRCPC, DFASAM

*Educational Consultant*  
Former Director, Wasser Pain Centre  
Pain and Chemical Dependency Division  
Toronto, ONTARIO

#### Jennifer M. Hah MD

*Instructor*  
Stanford University  
Department of Anesthesiology, Perioperative, and Pain Medicine  
Division of Pain Medicine  
Stanford, CA

#### Theresa Mallick-Searle MS, NP-BC, ANP-BC

*Nurse Practitioner - Pain Medicine*  
Stanford Health Care  
Division of Pain Medicine  
Stanford, CA

#### Ravi Prasad PHD

*Associate Chief*  
Director of Psychological Services  
Division of Pain Medicine  
Stanford University  
Department of Anesthesiology, Perioperative, and Pain Medicine  
Stanford, CA

#### Kevin L. Zacharoff MD, FACIP, FACPE, FAAP

*Faculty and Clinical Instructor*  
SUNY Stony Brook School of Medicine  
Stony Brook, NY  
*Ethics Committee Chair*  
St Catherine of Siena Medical Center  
Smithtown, NY

This activity is provided by Global Education Group

12.0 CME/CE hours will be provided by  
Global Education Group

**Conference slides are available at  
[www.pain.sh/pwe2019s](http://www.pain.sh/pwe2019s)**

### How Do I Obtain My CE/CME Certificate?

Please look for an email from [eval@conexsys.com](mailto:eval@conexsys.com) that will be sent to you 1 week following this PAINWeekEnd program. The email will have your personalized link to complete the online conference evaluation form needed to receive your CE/CME certificate. Upon completion of this form, you will be able to download, print, and save your certificate immediately! **Please** make sure to check your junk mail folder, as this email may be tagged as spam.

## SAT 4.6.2019

**7:00a – 7:30a**

**Registration/Exhibits**— coffee will be served

**7:30a – 8:30a**

**Involuntary Tapers: Legal, Ethical, and Clinical Concerns**

Douglas L. Gourlay MD, MSC, FRCPC, FASAM UAN 0530-0000-19-010-L01-P

**8:30a – 9:30a**

**PDM Breakfast\*** Sponsored by Teva Pharmaceuticals

**9:30a – 9:40a**

**Break/Exhibits**

**9:40a – 10:40a**

**The Regulatory Agency Will See You Now**

Kevin L. Zacharoff MD, FACIP, FACPE, FAAP UAN 0530-0000-19-014-L01-P

**10:40a – 11:40a**

**Embrace Changes and Prevent Overdose:**

A Basic Blueprint for Legal Risk Mitigation and Response

Jennifer Bolen JD UAN 0530-0000-19-008-L01-P

**11:40a – 12:00p**

**Faculty Q&A**

**12:00p – 12:10p**

**Break/Exhibits**

**12:10p – 1:10p**

**PDM Lunch\*** Sponsored by SCILEX

**1:10p – 2:10p**

**Cannabis vs Cannabinoids: The Politics of Medical Marijuana**

Douglas L. Gourlay MD, MSC, FRCPC, FASAM UAN 0530-0000-19-007-L01-P

**2:10p – 3:00p**

**PDM Break\*** Sponsored by Emergent BioSolutions

**3:00p – 3:50p**

**The Other Opioid Crisis: Heroin and Fentanyl**

Kevin L. Zacharoff MD, FACIP, FACPE, FAAP UAN 0530-0000-19-013-L01-P

**3:50p – 4:40p**

**Get Your Specimens in Order: Timely Use of Test Results**

Jennifer Bolen JD UAN 0530-0000-19-009-L01-P

## SUN 4.7.2019

**7:00a – 7:30a**

**Registration/Exhibits**— coffee will be served

**7:30a – 8:30a**

**Policies and Practicalities: Focusing on the Patient, Not the Opioid**

Jennifer M. Hah MD, MS UAN 0530-0000-19-037-L01-P

**8:30a – 9:30a**

**PDM Breakfast\*** Sponsored by kaléo

**9:30a – 9:40a**

**Break/Exhibits**

**9:40a – 10:40a**

**Burnout! Recognize Symptoms, Enhance Resilience, and Improve Quality of Life**

Ravi Prasad PHD UAN 0530-0000-19-033-L01-P

**10:40a – 11:40a**

**No Guts No Glory: Mystery of the Microbiome**

Theresa Mallick-Searle MS, NP-BC, ANP-BC UAN 0530-0000-19-036-L01-P

**11:40a – 12:00p**

**Faculty Q&A**

**12:00p – 12:10p**

**Break/Exhibits**

**12:10p – 1:10p**

**PDM Lunch\*** Sponsored by Daiichi Sankyo, Inc.

**1:10p – 2:00p**

**Minimizing Pills and Maximizing Skills:**

Achieving Successful Opioid Cessation in Chronic Pain

Jennifer M. Hah MD, MS UAN 0530-0000-19-035-L01-P

**2:00p – 2:10p**

**Break/Exhibits**

**2:10p – 3:00p**

**Moving Beyond the Obvious:**

The Pivotal Role of Psychology in Pain Management

Ravi Prasad PHD UAN 0530-0000-19-038-L01-P

**3:00p – 3:50p**

**Medical & Recreational Cannabis: What's a Clinician to Do?**

Theresa Mallick-Searle MS, NP-BC, ANP-BC UAN 0530-0000-19-034-L01-P

Conference slides are available at [www.pain.sh/pwe2019s](http://www.pain.sh/pwe2019s)

### Accreditation

#### Physician Accreditation Statement

Global Education Group is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### Physician Credit Designation

Global Education Group designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nursing Continuing Education

Global Education Group is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity for 12.0 contact hours is provided by Global Education Group. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



#### Pharmacist Accreditation Statement

Global Education Group is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

#### Credit Designation

Global Education Group designates this continuing education activity for 12.0 contact hour(s) (1.2 CEUs) of the Accreditation Council for Pharmacy Education. Please refer to [www.painweekend.org](http://www.painweekend.org) to view complete Universal Activity Numbers (UANs).

*This is a knowledge based activity.*

#### Nurse Practitioner Continuing Education



Global Education Group is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 1561024.

This activity is approved for 12.0 contact hour(s) which includes 1.6 hour(s) of pharmacology. Activity ID #2608L. For complete Rx hours, please visit [www.painweekend.org](http://www.painweekend.org).

This activity was planned in accordance with AANP CE Standards and Policies.

#### Disclosure Of Conflicts Of Interest

Global Education Group (Global) requires instructors, planners, managers, and other individuals and their spouse/life partner who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by Global for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

#### Disclosure of Unlabeled Use

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. Global Education Group (Global) does not recommend the use of any agent outside of the labeled indications.

The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of any organization associated with this activity. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

#### Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

#### Global Contact Information

For information about the accreditation of this program, please contact Global at (303) 395-1782 or [cme@globaleducationgroup.com](mailto:cme@globaleducationgroup.com).

#### Fee Information & Refund

There is a fee for this activity.

#### Faculty and courses are subject to change.

Please refer to [www.painweekend.org](http://www.painweekend.org) to view course descriptions and disclosures.

\*Product theater, disease awareness, medical information program; not certified for credit.