Pain/week.	
	-
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Pain Week.	
The Other Opioid Crisis: Heroin and Fentanyl Kevin L. Zacharoff, MD, FACIP, FACPE, FAAP	-
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2	
Disclosures	
Nothing to Disclose	

-	mi	'n~	\sim	hia	·~+i	ves

- ■Describe the opioid overdose crisis in the United States today
- ■Discuss common beliefs and inconsistencies about the role of prescription opioids in the opioid crisis
- •Identify the intersection of illicit drug use and clinical pain practice in today's "opioid epidemic"
- ■Provide clinically relevant recommendations for navigating the current landscape without depriving pain care to patients in need

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Is There More than one Opioid Crisis?

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The Facts





The Facts

- People are dying...
 People are angry and reacting
- ■People are scared
- Overdoses from drugs (<u>ALL</u> drugs, legally prescribed or not) including opioids, hallucinogens, cocaine, etc.
 - ~ 72,000 deaths nationwide in 2017

 - ****Now there are questions about accuracy regarding CDC data and opioid analgesics ****

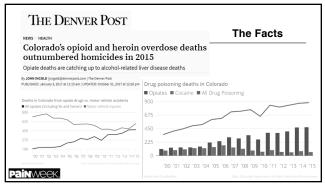


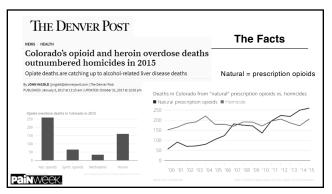
PainWeek, There is More Than One Opio

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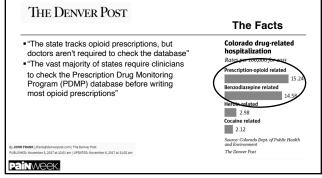
The Facts ■ Drug(s) Responsible May be Unknown -Overdose is usually about RESPIRATORY DEPRESSION Sometimes causes are not reported May depend on the state Trends can be difficult to identify ■This may lead to a lack of focus Painweek.

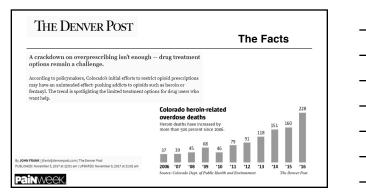
		mmon drugs found in Kentu			
Individual drugs	Despir	Two-drug combinations	(Three-drug combinations	
DRUG	SHARE	DRUGS	SHARE	DRUGS	SHARE
Morphine	45.4%	Heroin, morphine	24.3%	Heroin, morphine, codeine	16.6
Fentanyl	37.0	Fentanyl, morphine	23.7	Heroin, morphine, fentanyl	11.6
Gabapentin	32.6	Codeine, morphine	20.0	Morphine, codeine, fentanyl	9.3
Alprazolam	25.5	Heroin, codeine	16.6	Heroin, morphine, THC-COOH	7.9
THC-COOH	24.9	Gabapentin, morphine	14.2	Heroin, codeine, fentanyl	7.6
Heroin	24.7	Morphine, THC-COOH	12.8	Fentanyl, morphine, THC-COOH	7.3
Codeine	20.7	Alprazolam, morphine	12.6	Alprazolam, heroin, morphine	7.3
Ethanol	18.4	Methamphetamine, amphetamine	12.0	Gabapentin, heroin, morphine	7.1
Oxycodone	17.2	Heroin, fentanyl	11.7	Gabapentin, fentanyl, morphine	6.8
Methamohetamine	17.1	Oxycodone, oxymorphone	11.5	Alprazolam, codeine, morphine	6.6

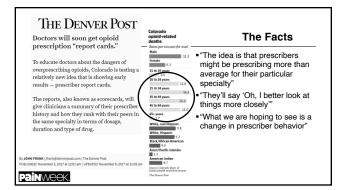


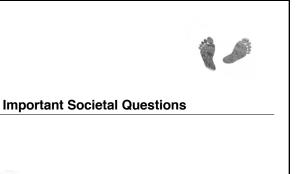






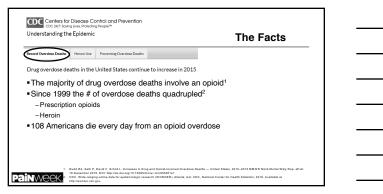


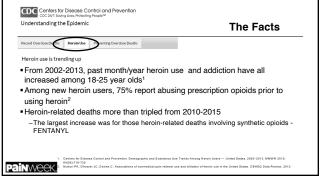


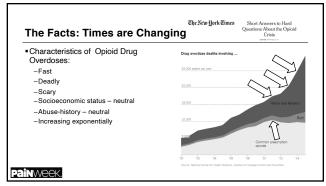


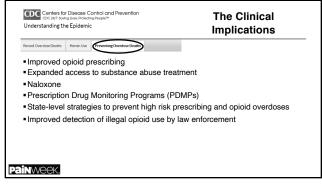


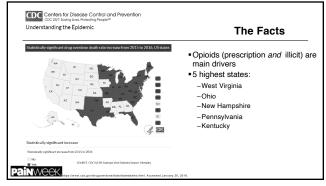














The "Other" Epidemic

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Heroin

The Facts

- Highly addictive
- It is an opioid
- Made from morphine
 - -~3 times more potent
- A natural substance
- -Extracted from the opium poppy plant
- Asia
 Mexico
 Colombia



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CDC Centers for Disease Control and Prevention CDC 247: Saving Lives, Protecting People™

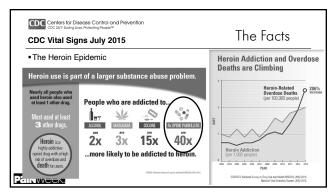
Understanding the Epidemic

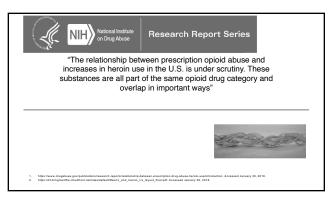
- Heroin use has been increasing¹
- -Most age groups
- -All income levels
- Past misuse/abuse of prescription opioids is the strongest risk factor for starting heroin²

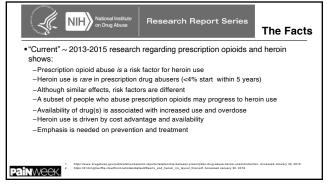


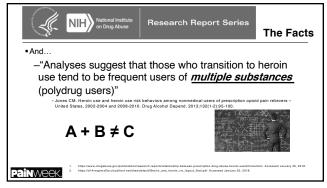
The Facts

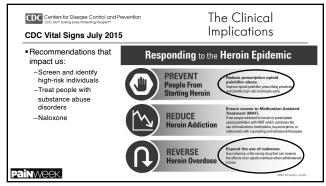
ol and Prevention. Vital Signs: Today's Heroin Epidemic – More People at Risk, Multiple Drugs Abused, MMWR 2015. and Baldwin GT. Understanding the Relationship between Prescription Opioid and Heroin Abuse. NEJM.

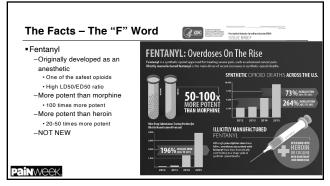




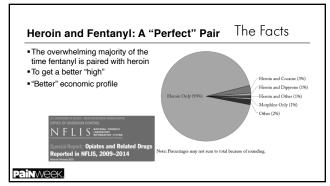


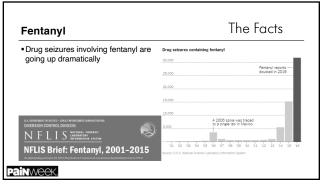


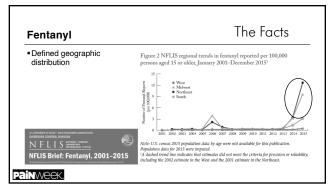


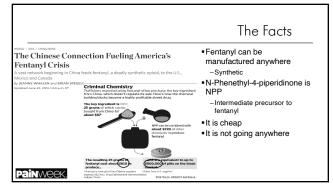


 42 year-old Hispanic male Addicted to heroin 	
-Comes to the same street corner every day to buy	heroin
First dose usually free He's actually buying heroin laced with fentanyl "It's a new epidemic" he says	
- "If you catch a bag of pure fentanyl, that Narcal	n ain't bringing you back"
-"I just watched my friend die from fentanyl"	
nin week	

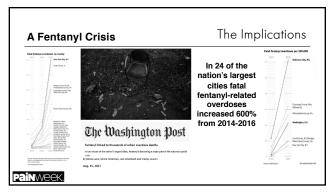


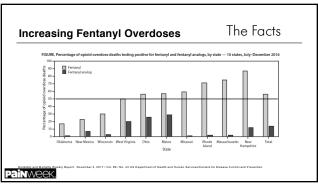






Terminology *A very small amount of fentanyl is potentially fatal *This applies to licit or illicit fentanyl -Illicitly manufactured fentanyl is likely no more dangerous than legally manufactured fentanyl *Fentanyl label: -FENTANYL CITRATE SHOULD BE ADMINISTERED ONLY BY PERSONS SPECIFICALLY TRAINED IN THE USE OF INTRAVENOUS ANESTHETICS AND MANAGEMENT OF THE RESPIRATORY EFFECTS OF POTENT OPIOIDS -AN OPIOID ANTAGONIST, RESUSCITATIVE AND INTUBATION EQUIPMENT AND OXYGEN SHOULD BE READILY AVAILABLE -Fentanyl may cause muscle rigidity, particularly involving the muscles of respiration -DIMINISHED SENSITIVITY TO CO2 STIMULATION MAY PERSIST LONGER THAN DEDRESSION OF RESPIRATORY RATE





Different Types of Fentanyl and Presentations • Different formulations and varying potencies: - Fentanyl - Analogs • Acetyl Fentanyl • Carfentanyl • Carfentanyl • Remifentanyl • Altentanyl • Surfentanyl • Furanylfentanyl • Fresentations - Powder - Counterfelt pills - Etc.

The Facts Carfentanyl ■ Synthetic ■ Large animal anesthetic The Washington Post ■ 100 times more potent than fentanyl By Lynh Bui and Peter Hermann April 26, 2017 Elephant tranquilizer is the latest lethal addition to the heroin epidemic ■10,000 times more potent than morphine Airborne/skin exposure often fatal -2012 Moscow Theater Hostage Crisis Painweek.

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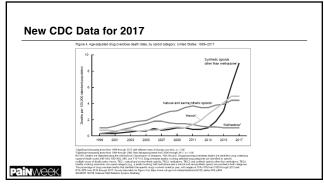
The Facts

- Fentanyl in the wrong hands is deadly
 Potentially contributing significantly to overdose/fatal overdose risk
- Analogs not often tested for in routine toxicology testing
- Naloxone is a *bridge* to survival but not a final solution
 - -Re-narcotization from fentanyl is common
 - -Blunting of CO₂ response *will persist* -Diminished hypoxic drive may persist



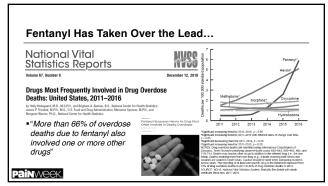
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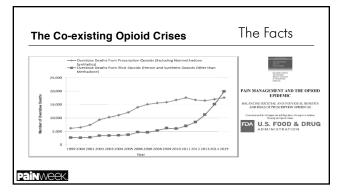
New CDC Data for 2017			
 The age-adjusted rate of drug overdos other than methadone (drugs such as tramadol) increased by 45% between 2 100,000 	fentanyl, fentanyl analogs, and		

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SUMMARY



We didn't Start the Fire...Or did We?

- Significant controversy exists to the relationship between prescription opioids and the heroin/fentanyl epidemic
 - -Tracking back to prescribers
 - The 1990s when opioid prescribing increased
 Pain being designated as the "fifth vital sign" in 2000
 Pain Bill of Rights
 - · Evolution of "pill mills"
 - -Related to cost and availability
 - · Heroin and fentanyl are cheaper and stronger



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Case 2

- ■26 year-old white female
- -Has 2 children ages 4 & 7 who live with their godmother
- -Became addicted to opioids after being prescribed oxycodone post C-Section
- $-{\sf Addiction}\ to\ {\sf oxycodone}\ transitioned\ to\ heroin$
- -Addiction to heroin transitioned to heroin/fentanyl
- "If there's no fentanyl in it, I don't want it at all"
 -Tried 14-day rehab without success
 "This is all I know anymore...It's all I know"





Who and What is Our Responsibility?

We Are Involved Like it or Not

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Does the United States Own The Problem??

- ■We are not alone
- ■This is a global issue
- In 2015, approximately ¼ billion people abused/misused drugs
 ~ 29.5 million (0.6% of global adult population) engaged in problematic use/suffered from substance use disorder
- ■70% of the global burden of disease caused by drug use disorders attributable to opioid



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However	The Facts Percentage of deaths classified as drug-related
Drug-related deaths remain highest in the U.S.	1.5% Out of the control of the cont
Painweek.	Tip op 1/4 198 198 198 192 1/2 1/4 The other includes one deaths from drug potenting and more assumed in discussion mental discretions. Sources WHO, commission consects believed commission accommission drops on exercises of deathers. Historical Center for Hearth Statistics, Centers for Disease Control and Prevention

Newest Data

Government Data Show

— Substance use disorder also increases risk of contracting COVID, says NIDA director

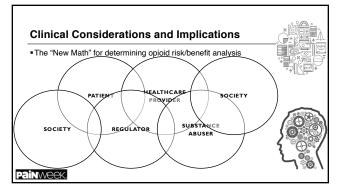
by Joyce Frieden, Washington Editor, MedPage Toda June 1, 2021

Daka from the National Center for Health Statistics from October 2019 to October 2020 shows that Data from the National Center for Health Statistics from <u>Dictober 2019 to October 2020</u> shows that mortality from overdoses from all types of drugs increased 30%, from 70,669 deaths in October 2019 to

91,862 deaths in October 2020] "and I think that that is a number that is very, very chilling," Volkow said at the forum. Among those overdose deaths in both years, more than half came from synthetic opiates "the most notable presence is fentanyl," she said. [There was also a 46% increase in overdose deaths from other psychostimulants, mainly methamphetamine, and a 38% increase in deaths from cocaine

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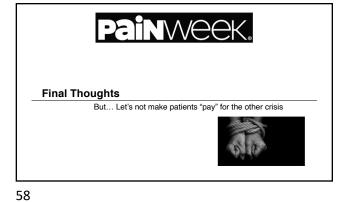


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Final Thoughts

- We must consider the parallel "opioid" crises that exist today -Our role in these problems
- Heroin and fentanyl are not going anywhere
- Remember the "New Math"
- Naloxone is likely something to keep top of mind
- Avoidance of "risky" situations is critical
- Strongly consider and document appropriate candidates for fentanyl-based
- Everyone is looking at us as an integral part of solving the "other" opioid crisis
- Everyone is looking to us to be a part of the solution to both crises

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"Cure sometimes, treat often, comfort always."

— Hippocrates

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Questions?

PAINWeek National Conference September 7-11 in Las Vegas

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