



**Mirror Mirror on the Wall:
Who's the FDA's Fairest ADF of All?**

Mark Garofoli, PharmD, MBA, BCGP, CPE

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Disclosures

- Advisory Board: DSI
- Expert Witness: U.S. Department of Justice, Consumer Protection Branch

This presentation was not a part of the presenter's official duties at the WVU and does not represent the opinion of WVU



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Learning Objectives

- Identify the seven current types of abuse-deterrent formulations.
- Recall all of the available abuse-deterrent formulation (ADF) opioid medications, with particular attention to the select few that are both FDA approved specifically as ADF opioid medications and available on the U.S. market.
- Discuss common methods of manipulation of abuse-deterrent formulation (ADF) opioid medications.




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CDC MME Thresholds & Driving Speed Limits

**Avoid
Increasing
Speed Limits
>/= 90 MEDD**


**Caution
50 MEDD**



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Driving & Opioid Risk Reduction

**SEAT BELTS
SAVE LIVES**



BUCKLE UP EVERY TIME

| |
|---------------------------------------|
| PDMP Review |
| Physical Exam |
| Urine Drug Screening |
| Use Caution with Methadone |
| Short Duration of Initial Opioid |
| Avoid Sedative Co-Prescribing |
| Patient & Provider Agreement/Contract |
| MEDD Cautionary Threshold |
| Gradual Tapering Plan |
| Abuse-Deterrent Formulations |



Adapted from <https://www.cdc.gov/mmwr/rr/rr50e0511a.htm>

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Opioid Abuse Transition

Research


Original Investigation

**The Changing Face of Heroin Use in the United States
A Retrospective Analysis of the Past 50 Years**

Theodore J. Cicero, PhD, Matthew S. Ellis, MPE, Hilary L. Sunratt, PhD, Steven P. Kurtz, PhD

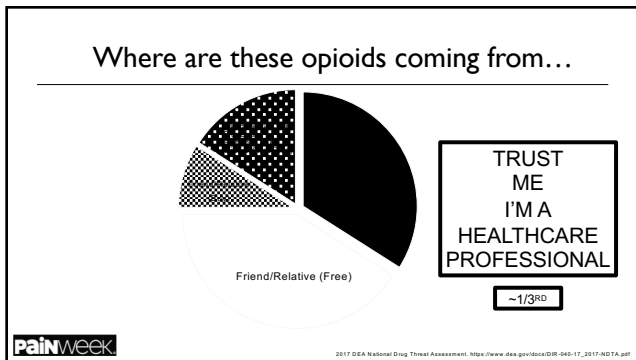
↓

**75% of Heroin Users
Started with
Prescription Opioids**

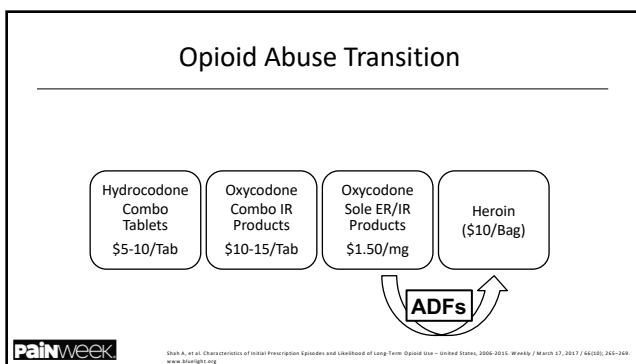


12 Cicero et al. (2014). The Changing Face of Heroin Use in the United States. JAMA Psychiatry. 921-924

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The Early “ADFs”

Phenylpiperidine Opioids (Diarrhea Treatment)

- Lomotil® (Diphenoxylate & Atropine, 1960)
- Motofen® (Difenoxin & Atropine, 1978): Metabolite of Diphenoxylate
- Atropine: Anticholinergic that will produce *dysphoria* in large doses (Aversion)
 - Blurred Vision, Constipation, Visual Disturbances

Painweek

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The Early “ADFs”

Hydrocodone & Homatropine

- Tussigon Tablets 5mg/1.5mg (FDA 1985)
- Hydromet Liquid 5mg/1.5mg per 5mL
 - Hycodan FDA 1943, Generic Hydromet FDA 1983
- Homatropine: Anticholinergic similar to Atropine (Aversion)



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The Early “ADFs”

Pentazocine and Naloxone (FDA approved in 1982)

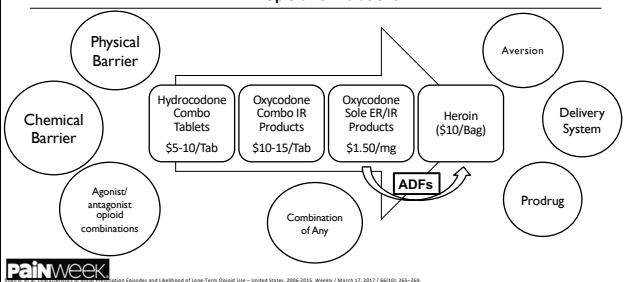
- Pentazocine Single Product
 - Single product pentazocine was approved in 1967 (Kappa Agonist, Mu Antagonist)
 - Observed to be crushed, mixed w/ antihistamine Pyribenzamine, aka “Blues”, & injected
 - 1st DEA Reclassification: pentazocine (single product) to CIV in 1979



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Opioid Abuse Transition

ADF Opioid Formulations



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Types of Abuse-Deterrent Formulations (ADFs)

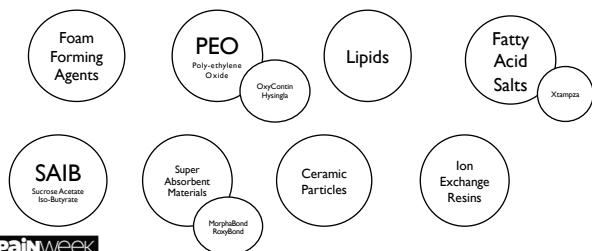
| ADF Type | Description |
|---|--|
| 1. Physical Barrier | Prevent chewing, crushing, cutting, grating, or grinding |
| 2. Chemical Barrier | Resists extraction of the opioid through use of common solvents including water, alcohol or other organic solvents |
| 3. Agonist/Antagonist Opioid Combinations | Antagonist is added to the formulation to interfere with release if taken in any other way than it was intended |
| 4. Aversion | Substances are added to the dosage form to produce an unpleasant effect if the dosage form is manipulated prior to ingestion or if a higher dosage than directed is used |
| 5. Delivery System | Alternative delivery systems that are more difficult to manipulate (such as a depot injectable, an implant, or transdermal application) |
| 6. Prodrug | Medication contains a prodrug that lacks opioid activity until it has been transformed in the gastrointestinal tract |
| 7. Combination of the above | |



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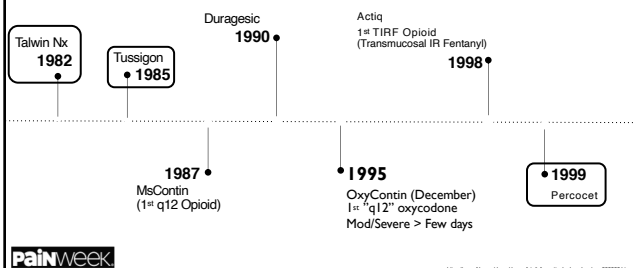
Physical & Chemical Barriers

ADF Opioid Formulations



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FDA Opioid Timeline



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The Opana Story

2017 (March)

-Endo presented post-marketing data to the FDA that contained evidence of serious health concerns with IV abuse of the reformulated product, such as thrombotic thrombocytopenic purpura and an outbreak of HIV infections in Indiana

- High molecular weight of the polyethylene oxide (PEO) coating that became lodged in the arterioles of the kidneys of IV abusers

2017 (July)

-FDA recommended Endo remove Opana ER from market, and Endo did so



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FDA Opioid Timeline

Reformulation of Opana ER (2006)
2011

1. All ER/LA Opioids REMS: Prescriber Voluntary CE
2. Opana ER reformulated to avoid IN Abuse (IV Spiked)

- 2010
1. Reformulation of OxyContin (OP)
 2. Propoxyphene Voluntary Withdrawal Recommended

- 2013
1. FDA ADF Opioid Extra ADF Studies "Category 3"
 2. Original Opana ER Allowed to Stay on Market
 3. Recommended HCP be CII



<https://www.fda.gov/oc/2018/08/2018-08-01-fda-approves-10-new-approaches-to-reduce-opioid-abuse>

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FDA Opioid Timeline

Evzio
Embeda (ADF)
Hysingia (ADF)
2014

2016
Xtampza ER
Probuphine (Bup Implant)

1. Loperamide Blister/Single-Dose Packs
2. Evaluated Hydexor (Hydrocodone/APAP/Pro methazine)
3. Targeted Online Opioids

2015
Zohydro ER
OxyContin >11yo Opioid Tolerant
Morphine ER
Narcain Nasal Spray

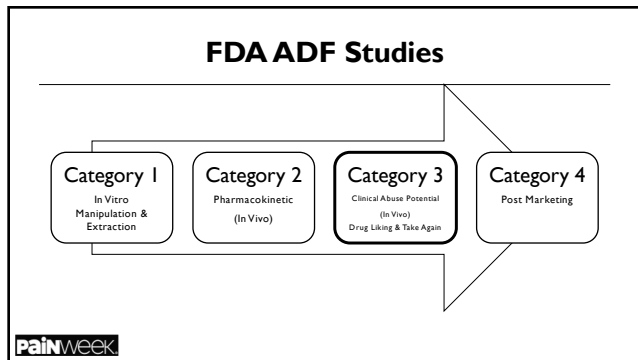
- 2017
1. Arymo ER
 2. RoxyBond IR
 3. Sublocade (Bup QM)
 4. Reformulated Opana ER Removed from Market (FDA Recommended, Endo Volunteered)
 5. FDA ADF Studies Guidance PO, IV, IN, Sublimation (Smoking)

2019
Dsuvia (sufentanil)
Support Act (Disposal Bags)
OTC Naloxone?



<https://www.fda.gov/oc/2018/08/2018-08-01-fda-approves-10-new-approaches-to-reduce-opioid-abuse>

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Category 3: Abuse Potential Studies

- At a minimum, the intact and most effectively manipulated form of a drug should be selected for evaluation
- Physical Manipulation Methods (+/- Heat)
 - Cutting
 - Grating
 - Milling

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<https://www.fda.gov/oc/ohrt/Drug%20Guidance/CDER/CDER172.pdf>

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Category 3: Abuse Potential Studies

- Ingestion (oral route)**
 - Oral bioavailability of physically manipulated or chewed products
- Injection (parenteral route)**
 - Extractability and Syringeability of intact and manipulated products
- Insufflation (nasal route)**
 - Nasal bioavailability & pharmacodynamic (PD) effects of manipulated & insufflated products
- Smoking (inhalation route)**
 - Ability to sublime intact and manipulated products

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<https://www.fda.gov/oc/ohrt/Drug%20Guidance/CDER/CDER172.pdf>

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Category 3: Abuse Potential Studies

Comparative In Vitro Studies

- Extractability Studies
- Performed at both Room Temp & Elevated Temp

| Solvent Level | Solvents |
|---------------|--|
| Level 1 | Deionized Water |
| Level 2 | Vinegar, 0.2% baking soda solution, 40% ethanol, & carbonated drink |
| Level 3 | 100% ethanol, 100% isopropyl alcohol, acetone, 0.1 N HCl, & 0.1 N NaOH |



<https://www.fda.gov/oc/ohrt/Drug%20Guidance/CDER/CD44217.pdf>

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Category 3: Abuse Potential Studies

Comparative In Vivo Studies

- Nasal PK
- Oral PK
- Agonist/Antagonist (Both levels tested)
- Multiple Strengths (All tested)



<https://www.fda.gov/oc/ohrt/Drug%20Guidance/CDER/CD44217.pdf>

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So who made the cut...pun intended



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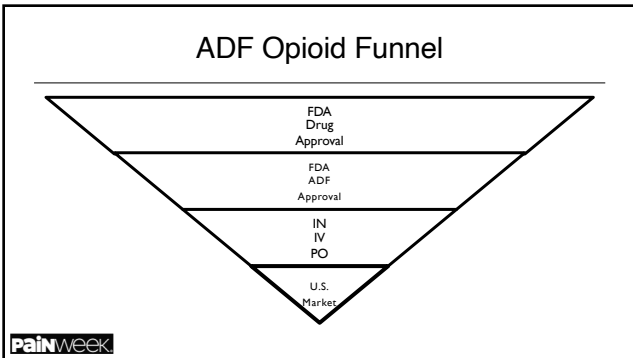
FDA Approved ADF Opioids
available on US Market
(July 2019)

| Abuse Deterrent Formulation (ADF) Opioids | | | |
|---|----------------------------------|-------------------|--------------|
| Active Ingredient | Product | FDA ADF Approval | Formulation |
| oxycodone | Xtampza ER [®] | IN, IV, & PO Chew | ER Capsule |
| | Xartemis ER [®] (+APAP) | - | IR/ER Tablet |
| | OxyContin [®] | IN & IV | ER Tablet |
| | Troxyca [®] | IN, IV, PO Crush | ER Capsule |
| | Oxaydo [®] | - | IR Tablet |
| | RoxyBond [®] | IN & IV | IR Tablet |
| tapentadol | NuSymta ER [®] | - | ER Tablet |
| hydromorphone | Exalgo [®] | - | ER Tablet |
| morphine | Embeda [®] | IN & PO Crush | ER Tablet |
| | Arymo [®] | IV | |
| | MorphaBond [®] | IN & IV | |
| | Hysingla [®] | IN, IV, & PO Chew | |
| hydrocodone | Zohydro ER [®] | - | ER Capsule |
| | Vantrela ER [®] | IV | ER Tablet |
| | Hydromet [®] | - | Liquid |
| | Tusigam [®] | - | Tablet |
| benzhydrocodone | Apzaca [®] | - | Tablet |
| pentazocine | Islyn NXX [®] | - | Tablet |

Targiniq (oxycodone) & Opana (oxymorphone) are Off Market

<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-capsule>
<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-tablet>
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<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-tablet>
<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-capsule>
<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-tablet>
<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-capsule>
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<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-capsule>
<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-tablet>

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FDA Approved ADF Opioids on US Market (July 2019)

| Medicine | Product | FDA ADF Approval | Formulation |
|-------------|-------------------------|------------------|-------------|
| oxycodone | Xtampza ER [®] | IN IV PO Chew | ER Capsule |
| | OxyContin [®] | IN IV | ER Tablet |
| hydrocodone | Hysingla [®] | IN IV PO Chew | ER Tablet |
| morphine | Embeda [®] | IN PO Crush | ER Tablet |
| | Arymo [®] | IV | |
| | MorphaBond [®] | IN IV | |

<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-capsule>
<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-tablet>
<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-capsule>
<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-tablet>
<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-capsule>
<https://www.fda.gov/oc/2019/07/25/fda-approves-new-abuse-deterrent-formulation-oxycodone-extended-release-tablet>

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Xtampza ER®

- DETERx Technology
 - Waxy microspheres solidify in a needle
- FDA ADF Approved
 - IN, IV, & PO
- Take with food
 - GI activated, not pH
- Can be opened and sprinkled into a G-Tube or on food

DETERx Design Elements

Microspheres made of AP, fatty acid and waxes impart extended release properties

Inactive components are made of hydrophobic, waxy materials

Drug is homogeneously dispersed within each microsphere

Drug binds chemically with inactive components

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| Xtampza ER <small>(oxycodone) Dosage</small> | Equivalent to | Extended-release Oxycodone HCl Dosage |
|---|---------------|---|
| 9 mg | | 10 mg |
| 13.5 mg | | 15 mg |
| 18 mg | | 20 mg |
| 27 mg | | 30 mg |
| 36 mg | | 40 mg |
| 27 mg + 27 mg | | 60 mg |
| 36 mg + 36 mg | | 80 mg |

PainWeek

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OxyContin®

- Original formulation (1996-2009): "OC" Imprint
- Newer formulation (2010-present): "OP" Imprint

| Strength | 10 mg | 15 mg | 20 mg | 30 mg | 40 mg | 80 mg |
|---|-------|-------|-------|-------|-------|-------|
| Comparison of original (first) versus reformulated OxyContin® tablets (second). | | | | | | |

PainWeek

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OxyContin[®]

- RESISTEC Technology
 - Forms a viscous gel with water
- ADF Category 3 Study (IN/IV)
 - 57% reduction in drug liking
 - 43% no reduction in drug liking
- Phase 4
 - ~50% Decrease in Doctor Chopping, Overdoses, & Poison Center Calls (Heroin Replaced?)
- Q12h Dosing ???



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Oxy-Crisping

Tools of the Trade

- Grater (PediEgg) (Lemon Zester)
- Ceramic/Glass Plate
- Paper Towel
- Microwave
- Fridge/Freezer



www.blundispl.org

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FDA Approved ADF Opioids on US Market (July 2019)

| Medicine | Product | FDA ADF Approval | | | Formulation |
|-------------|-------------------------|------------------|----|----------|-------------|
| oxycodone | Xtampza ER [®] | IN | IV | PO Chew | ER Capsule |
| | OxyContin [®] | IN | IV | | ER Tablet |
| hydrocodone | Hysingla [®] | IN | IV | PO Chew | ER Tablet |
| morphine | Embeda [®] | IN | | PO Crush | ER Tablet |
| | Arymo [®] | | IV | | |
| | MorphaBond [®] | IN | IV | | |



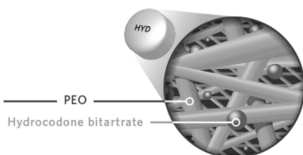
www.blundispl.org

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Hysingla®

- RESISTEC Technology (*Same as OxyContin)
 - Forms a viscous gel around water
- ADF Category 3 Studies (IN, IV, & PO): ~80% Reduction in Drug Liking

HYdrocodone
SINGle dose
Long Acting



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Hysingla®



Painweek

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FDA Approved ADF Opioids on US Market (July 2019)

| Medicine | Product | FDA ADF Approval | | | Formulation |
|-------------|-------------|------------------|----|----------|-------------|
| oxycodone | Xtampza ER® | IN | IV | PO Chew | ER Capsule |
| | OxyContin® | IN | IV | | ER Tablet |
| hydrocodone | Hysingla® | IN | IV | PO Chew | ER Tablet |
| morphine | Embeda® | IN | | PO Crush | ER Tablet |
| | Arymo® | | IV | | |
| | MorphaBond® | IN | IV | | |

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Hydrocodone bitartrate/paral 10mg/325mg
Hydrocodone bitartrate/paral 10mg/325mg
Hydrocodone bitartrate/paral 10mg/325mg
Hydrocodone bitartrate/paral 10mg/325mg

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Arymo®

- Guardian Technology (Polymer Matrix)
–Physical & Chemical Barrier
- FDA ADF Approved for IV
- Oxycodone Product in Pipeline



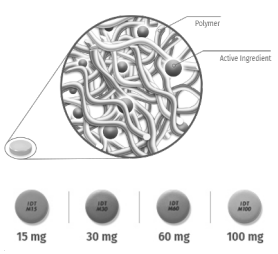
The image shows three white bottles of Arymo ER (oxycodone sulfate extended-release tablets) in 15 mg, 30 mg, and 60 mg strengths. Below the bottles are three corresponding tablets: EGLT 15, EGLT 30, and EGLT 60.




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MorphaBond®

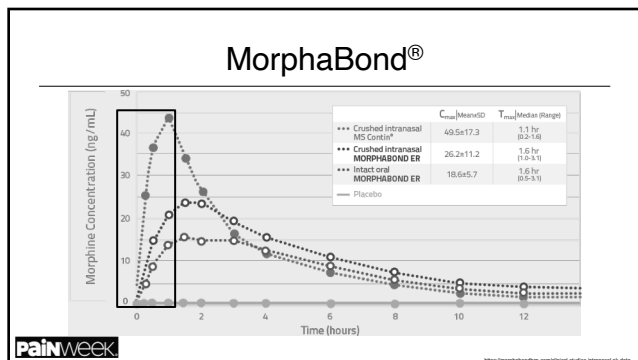
- Sentry Bond Technology
- Dose every 8 to 12 hours
- Can be taken +/- food
- FDA ADF Approved for IV & IN



The diagram shows a cross-section of a MorphaBond tablet with a central 'Active Ingredient' core surrounded by a 'Polymer' matrix. Below the diagram are four tablets representing different strengths: 15 mg, 30 mg, 60 mg, and 100 mg.



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Embeda®

- Sequestered naltrexone induces withdrawal if abused and ingested
- FDA ADF Approved IN & PO
—Only FDA ADF Opioid w/o IV
- Morphine:Naltrexone Ratio 100:4

EMBEDA vs IR MORPHINE
Oral IR (Study 1)^{1,2}

EMBEDA intact vs EMBEDA crushed in solution vs IR morphine in solution vs placebo

EMBEDA vs ER MORPHINE
Oral ER (Study 2)³

EMBEDA crushed in solution vs ER morphine crushed in solution vs placebo

EMBEDA vs ER MORPHINE
Intranasal (Study 3)⁴

Crushed EMBEDA vs crushed ER morphine vs placebo

Actual pellets are between 1.0 mm and 1.7 mm in diameter

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Embeda®

EMBEDA is available in 6 dosage strengths¹

| | | |
|------------------|------------------|------------------|
| 20 mg/0.8 mg | 30 mg/1.2 mg | 50 mg/2 mg |
| 60 mg/2.4 mg | 80 mg/3.2 mg | 100 mg/4 mg* |

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MAT Buprenorphine Products with naloxone...

_____ (buprenorphine and naloxone) Sublingual Film (CIII)
comes in a range of dose strengths¹

| | |
|---------------|--|
| 2 mg / 0.5 mg | |
| 4 mg / 1 mg | |
| 8 mg / 2 mg | |
| 12 mg / 3 mg | |

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Buprenorphine vs Naloxone

Bluelight

Lazylazzyoe (9/1/2010, 5:57am)

As someone who regularly injects Suboxone, I prefer injecting Suboxone instead of using sublingual mainly because of the efficacy. I can inject 1 to 2mg and be good for an entire day, compared to 4mg sublingual. It also takes affect in 15 minutes instead of 90 minutes.

You do have to be careful though, it is much easier to precipitate withdrawal this way. Wait a little longer for your induction, even longer if coming down off methadone.

The other thing that gets me is that I buy my Suboxone on the street, because between the doc and the pharmacy I'd be paying \$150/month & \$7.50/pill. If the doc would just prescribe Subtlex, I could get it generic and do it legit for about the same cost. It drives me nuts as Suboxone is just as easy to abuse as the Subutex. Not to mention the whole pain management specialist thing is a big scam. There's no reason why a regular doc can't prescribe this schedule 3 drug.

Dread (10/1/2010, 2:08am)

Naloxone was put in there to trick the FDA, and it worked!
It was put in to extend the patent, they had to come up with a "new" product to keep the big bucks coming in.

PainWeek
www.painweek.com

www.bluelight.org

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Buprenorphine vs Naloxone

Package Insert

5.2 Risk of Respiratory and Central Nervous System (CNS) Depression

Buprenorphine has been associated with life-threatening respiratory depression and death. Many, but not all, post-marketing reports regarding coma and death involved misuse by self-injection or were associated with the concomitant use of buprenorphine and benzodiazepines or other CNS depressants, including alcohol. Warn patients of the potential danger of self-administration of benzodiazepines or other CNS depressants while under treatment with SUBOXONE sublingual film [see Warnings and Precautions (5.3), Drug Interactions (7)].

... active substantial heroin or other full mu-opioid dependence. However, clinicians should be aware that some opioid-dependent persons, particularly those with a low level of full mu-opioid physical dependence or those whose opioid physical dependence is predominantly to buprenorphine, abuse buprenorphine/naloxone combinations by the intravenous or intranasal route. In methadone-maintained patients and heroin-

PainWeek
www.painweek.com


Suboxone Full Prescribing Information, February 27, 2016. https://www.accessdata.fda.gov/druginfocs_docs/sub02/0210224160000a.pdf

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Buprenorphine Battles...

FOR IMMEDIATE RELEASE Tuesday, April 9, 2018

Indivior Inc. Indicted for Fraudulently Marketing Prescription Opioid
Company Allegedly Lied to Doctors and Public Health Care Benefit Programs About the Safety and Diversion Risks of Suboxone Film



THE UNITED STATES
DEPARTMENT OF JUSTICE

CLERK'S OFFICE U.S. DISTRICT COURT
AT ARLINGTON, VA
FILED

APR 09 2018

JULIA C. DUDLEY, CLERK
BY: *[Signature]*
DEPUTY CLERK

UNITED STATES DISTRICT COURT
WESTERN DISTRICT OF VIRGINIA
ARLINGTON

UNITED STATES OF AMERICA
v.
INDIVIOR INC. (a/k/a Reckitt Benckiser
Pharmaceuticals Inc.) and
INDIVIOR PLC

Case No. 1:14-cr-00016

Violations:
18 U.S.C. §§ 2, 1341, 1343, 1347, 1349

PainWeek
www.painweek.com

<https://www.painweek.com/wp-content/uploads/2018/04/indivior-inc.-indicted-fraudulently-marketing-prescription-opioid.pdf>
<https://www.painweek.com/wp-content/uploads/2018/04/indivior-inc.-indicted-fraudulently-marketing-prescription-opioid.pdf>

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FDA Approved ADF Opioids on US Market
July 2019)

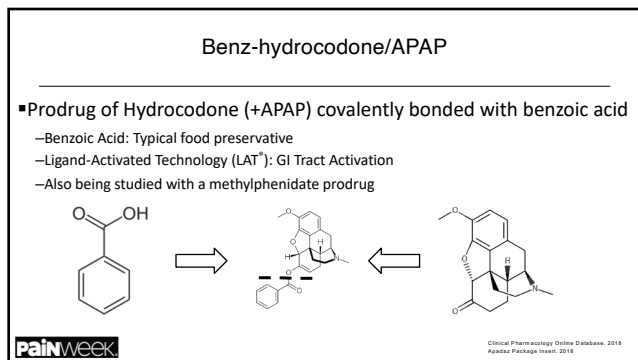
| Medicine | Product | FDA ADF Approval | | | Formulation |
|-------------|-------------|------------------|----|----------|-------------|
| oxycodone | Xtampza ER® | IN | IV | PO Chew | ER Capsule |
| | OxyContin® | IN | IV | | ER Tablet |
| hydrocodone | Hysingla® | IN | IV | PO Chew | ER Tablet |
| morphine | Embeda® | IN | | PO Crush | ER Tablet |
| | Arymo® | | IV | | |
| | MorphaBond® | IN | IV | | |

PainWeek NSI News 04/19/19 #1 @painweek #PAIN19
NSI News 04/19/19 #1 @painweek #PAIN19
NSI News 04/19/19 #1 @painweek #PAIN19

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Benz-hydrocodone/APAP

- **Controlled Substance Class 2** (just as hydrocodone/apap)
- Indicated for the short-term (*no more than 14 days*) management of *acute* pain severe enough to require an opioid analgesic and for which alternative treatments are inadequate
- NOT FDA approved as an abuse-deterrent formulation (ADF) opioid
- Benzhydrocodone/APAP 6.12/325mg = hydrocodone/APAP 7.5/325mg



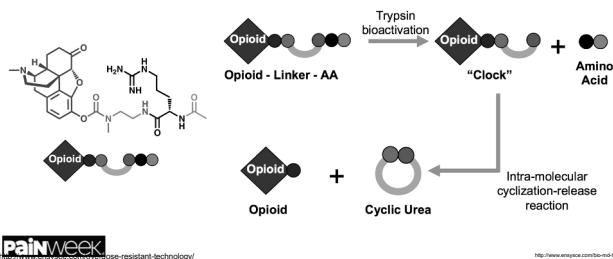
Clinical Pharmacology Online Database: 2018
Abuse-Resistant Opioid: 2018

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ADF Opioid Pipeline



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Institute for Clinical & Economic Review (ICER)

If ADF opioids reduce risk of diversion by 35%, they would attain cost-neutrality relative to non-ADF opioids.

ADF opioids would still cost the health system an additional \$113 million over five years.

The federal government should convene clinical experts, clinical pharmacists, patients, and payers to develop consistent methods to identify patients whose environments represent a high risk for the abuse of opioids.

Given that over 90% of opioid prescriptions are for immediate-release (IR) formulations, and that currently, no IR ADFs are on the market, further investment and development by manufacturers for IR ADFs is critical.

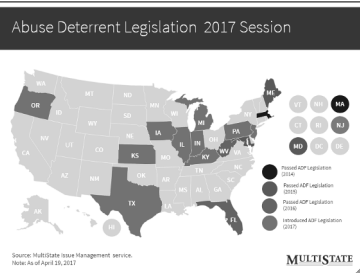


A Look at Abuse-Deterrent Opioids. www.icer-review.org July 2017

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States Mandating (By Law) ADF Opioid Coverage

- Massachusetts (2014)
- Maine (2015)
- Maryland (2015)
- Florida (2016)
- West Virginia (2016)



Source: MultiState Issue Management service. Note: As of April 10, 2017.



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Audience Question #1

Which of the following are types of abuse-deterrent formulations?

- a) Physical and chemical barriers
- b) Aversion
- c) Prodrug
- d) All of the Above



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Audience Question #2

There are currently more than a dozen Abuse-Deterrent Formulation (ADF) opioid medications available in the United States (US) market that are not only FDA Approved, but also specifically designated by the FDA as an ADF opioid medication.

- a) True
- b) False



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Audience Question #3

Which of the following states have legislation mandating the prescription insurance benefit coverage of abuse-deterrent formulation (ADF) opioid medications in at least some manner?

- a) Massachusetts
- b) Maryland
- c) Florida
- d) All of the above



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Discussion

Mark Garofoli, PharmD, MBA, BCGP, CPE
 LinkedIn: Mark Garofoli



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