

The Other Opioid Crisis: Heroin and Fentanyl

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Disclosures

■ Nothing to Disclose

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Learning Objectives

- ■Describe the opioid overdose crisis in the United States today
- ■Discuss common beliefs and inconsistencies about the role of prescription opioids in the opioid crisis
- •Identify the intersection of illicit drug use and clinical pain practice in today's "opioid epidemic"
- ■Provide clinically relevant recommendations for navigating the current landscape without depriving pain care to patients in need

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Is There More than one Opioid Crisis?

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The Facts





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The Facts

- ■People are dying...
- ■People are angry and reacting
- ■People are scared
- Overdoses from drugs (ALL drugs, legally prescribed or not) including opioids, hallucinogens, cocaine, etc.
 - -~ **72,000 deaths** nationwide in 2017
 - ↑12% from 2016
 More than 42,000 (~66%) involved some type of opioid
 - *****Some question accuracy regarding CDC overdose data and prescribed opioid analgesics****



PainWeek There is More Than One Opioid Crisis. To better tackle the Published Jan. 17, 2018. https://fiverbirtyeight.com/feature

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The Facts

- Drug(s) Responsible May be Unknown
 Overdose is usually about RESPIRATORY
 DEPRESSION
- Sometimes causes are not reported
 - May depend on the state
 Trends can be difficult to identify

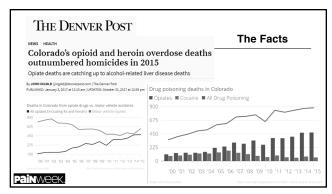
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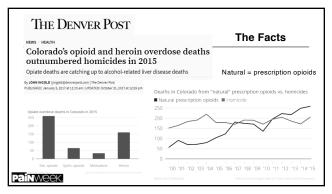
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The Facts: Kentucky as an Example The most common drugs found in Kentucky's overdose victims Based on an analysis of 1,471 drug overdose deaths in 2016 DRUGS

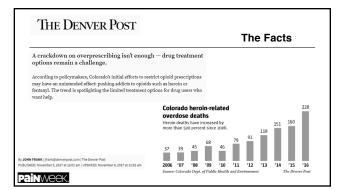
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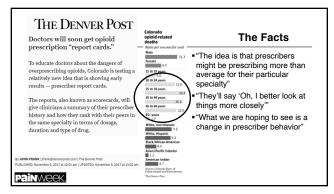


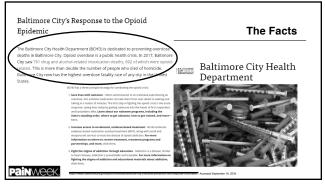


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"The State tracks opioid prescriptions, but doctors aren't required to check the database" "The vast majority of states require clinicians to check the Prescription Drug Monitoring Program (PDMP) database before writing most opioid prescriptions" 15.24 Benzodiazepine related 2.38 Cociane related 2.38 Cociane related 2.38 Cociane related 2.18 2.18 The Deriver Post of Public Health and Embrarement The Deriver Post









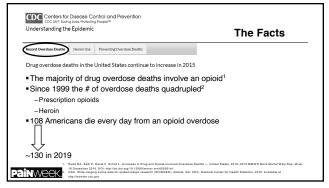
Important Societal Questions

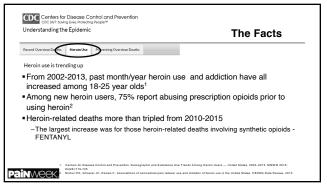
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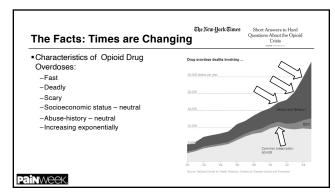


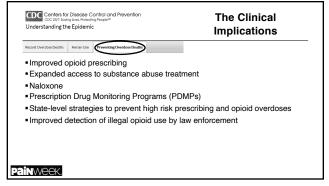
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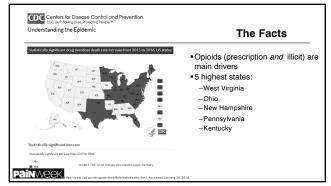
THE DENVER POST The Clinical Implications Chronic pain patients say they are hurt by Colorado's opioid prescription guidelines Some Colorado's opioid prescription guidelines Some Colorado's opioid prescription guidelines Now, across Colorado and the rest of the nation, these policies intended to address opioid abuse have unseprectedly harmed patients who depend on the drugs to treat chronic conditions, pain specialists and patient advocates say. The policies are supposed to offer guidance – helpful advice to doctors to be cautious in prescribing more than accretina mount of opioids to any one patient. Officials at the Colorado Consortium for Prescription Drug, Alues Prevention, a group of medicial and requestry, is also working on ideas to protect pain patients while cracking down on opioid abuse.

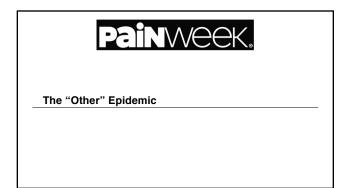




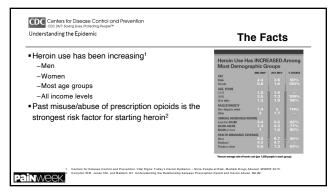


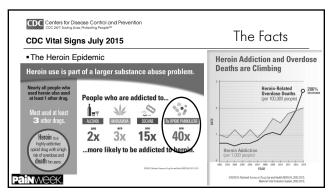


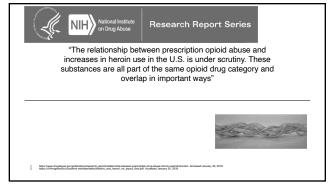


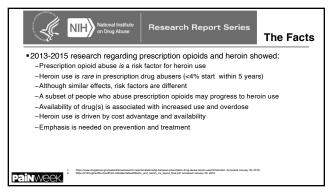


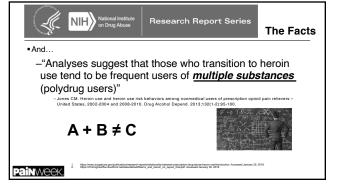
Heroin	The Facts
■Highly addictive ■It <i>is</i> an opioid	NIH National Institute on Drug Abuse Advancing Addiction Science
 Made from morphine ~3 times more potent A natural substance 	00
-Extracted from the opium poppy plant • Asia • Mexico	100
• Colombia	

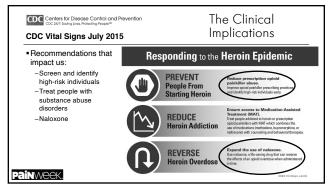


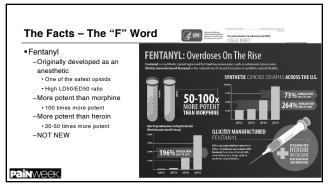


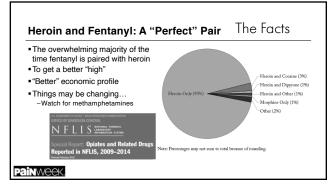




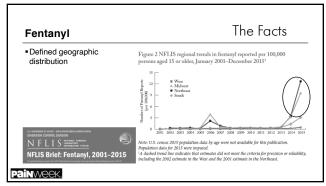








Fentanyl	The Facts			
Drug seizures involving fentanyl	Drug seizures containing fentanyl			
increased dramatically between	30,000			
2000-2016	Fentanyl reports — 25,000 doubled in 2018			
	20,000			
	15,000			
	10,000			
U.S. DEPARTMENT OF JUSTICE • DRUG TH-CRECIMINE ASMINISTRATION DIVERSION CONTROL DIVISION	A 2006 spike was traced to a single lab in Mexico			
NFLIS MATIONAL FORENSIC				
NFLIS Brief: Fentanyl, 2001-2015	01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 1 Source: D.C.A. National Forensic Laboratory Information System			



	The Facts
Contact Connection Fueling America's Centanyl Crisis vast network beginning in Chrine feed fentanyl, a deadyl synthetic opioid, to the U.S., feedback of Canada (Canada Special Connection) in the Connection of Canada (Canada Special Connection) in the Canada (Canada Special Connec	Fentanyl can be manufactured anywhere Synthetic N-Phenethyl-4-piperidinone is NPP Intermediate precursor to fentanyl It is cheap It is not going anywhere

Terminology

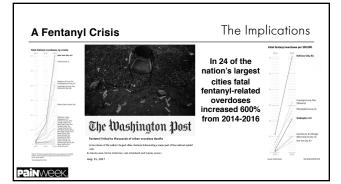
The Facts

- A very small amount of fentanyl is potentially fatal
 This applies to licit or illicit fentanyl
- Illicitly manufactured fentanyl is likely no more dangerous than legally manufactured fentanyl
- Fentanyl label:

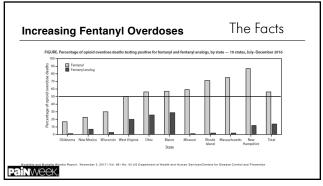
- FENTANYL CITRATE SHOULD BE ADMINISTERED ONLY BY PERSONS

 SPECIFICALLY TRAINED IN THE USE OF INTRAVENOUS ANESTHETICS AND MANAGEMENT OF THE RESPIRATORY EFFECTS OF POTENT OPIOIDS
- -AN OPIOID ANTAGONIST, RESUSCITATIVE AND INTUBATION EQUIPMENT AND OXYGEN SHOULD BE READILY AVAILABLE
 -Fentanyl may cause muscle rigidity, particularly involving the muscles of respiration
- -DIMINISHED SENSITIVITY TO CO2 STIMULATION MAY PERSIST LONGER THAN DEPRESSION OF RESPIRATORY RATE

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Different Types of Fentanyl and Presentations

- Different formulations and varying potencies:

- Presentations
- -Powder -Counterfeit pills



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Carfentanyl

The Facts

- Synthetic
- Large animal anesthetic
- 100 times more potent than fentanyl
- ■10,000 times more potent than morphine
- Airborne/skin exposure often fatal

-2012 Moscow Theater Hostage Crisis



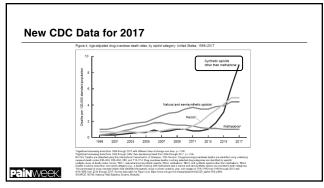
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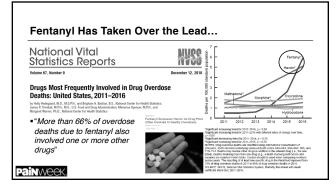
The Facts

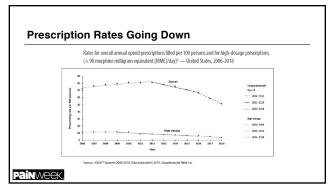
- Fentanyl in the wrong hands is deadly
- Potentially contributing significantly to overdose/fatal overdose risk
- Analogs not often tested for in routine toxicology testing
- Naloxone is a <u>bridge</u> to survival but not a final solution
- -Re-narcotization from fentanyl is common
- -Blunting of CO₂ response *will persist*-Diminished hypoxic drive may persist

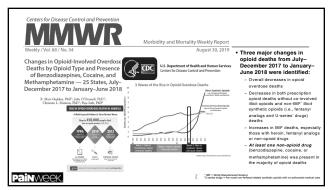


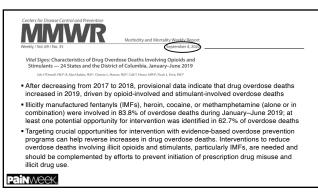


The age-adjusted rate of drug overdose deaths involving synthetic opioids other than methadone (drugs such as fentanyl, fentanyl analogs, and tramadol) increased by 45% between 2016 and 2017, from 6.2 to 9.0 per 100,000 Rate in 2018 decreased to 67,367 **The age-adjusted flux overdous flux ov

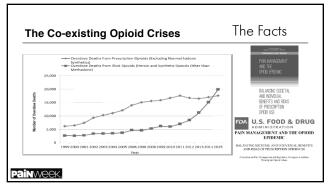








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We didn't Start the Fire...Or did We?

- Significant controversy exists to the relationship between prescription opioids and the heroin/fentanyl epidemic
- -Tracking back to prescribers

 The 1990s when opioid prescribing increased

 Pain being designated as the "5th vital sign" in 2000

 Pain Bill of Rights
- Evolution of "pill mills"

 -Related to cost and availability
- Heroin and fentanyl are cheaper and stronger





Who and What is Our Responsibility?

We Are Involved Like it or Not

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Does the United States Own The Problem??

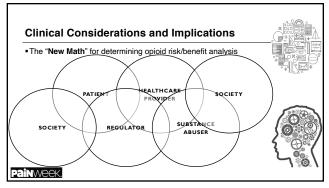
- ■We are not alone
- ■This is a global issue
- In 2015, approximately ¼ billion people abused/misused drugs
 ~ 29.5 million (0.6% of global adult population) engaged in problematic use/suffered from substance use disorder
- ■70% of the global burden of disease caused by drug use disorders attributable to opioid



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The Facts However... Drug-related deaths remain highest in the U.S.



Final Thoughts

- We must consider the parallel "opioid" crises that exist today
- Heroin and fentanyl are not going anywhere
- Remember the "New Math"
- Naloxone is likely something to keep top of mind
 Avoidance of "risky" situations is critical
- Strongly consider and document appropriate candidates for fentanyl-based therapies
- DO NOT CO-PRESCRIBE OPIOIDS and BENZODIAZEPINES
- Everyone is looking at us as an integral part of solving the "other" opioid crisis
- Everyone is looking to us to be a part of the solution to both crises

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Final Thoughts

But... Let's not make patients "pay" for the other crisis





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 Q	uestions	?	