

The Other	Opioid	Crisis: I	Heroin	and	Fentany	ı
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Learning Objectives

- ■Describe the opioid overdose crisis in the United States today
- •Discuss common beliefs and inconsistencies about the role of prescription opioids in the opioid crisis
- •Identify the intersection of illicit drug use and clinical pain practice in today's "opioid epidemic"
- ■Provide clinically relevant recommendations for navigating the current landscape without depriving pain care to patients in need

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Is There More than one Opioid Crisis?

The Facts





The Facts

- People are dying...
 People are angry and reacting
- ■People are scared
- Overdoses from drugs (ALL drugs, legally prescribed or not) including opioids, hallucinogens, cocaine, etc.
- -~ 72,000 deaths nationwide in 2017

 - 12% from 2016
 More than 42,000 (66%) involved some type of opioid
 - ****Now there are questions about accuracy regarding CDC data and opioid analgesics****



PainWeek There is More Than One Opioid Crisis. To better tackle the Published Jan. 17, 2018, https://livethitrjeight.com/feature

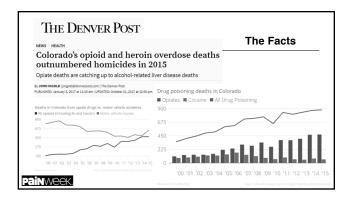
The Facts

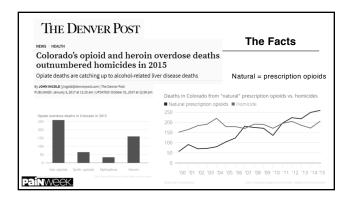
- Drug(s) Responsible May be Unknown
 Overdose is usually about RESPIRATORY
 DEPRESSION
- Sometimes causes are not reported
- May depend on the state
 Trends can be difficult to identify

■This may lead to a lack of focus

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The Facts: Kentucky as an Example The most common drugs found in Kentucky's overdose victims

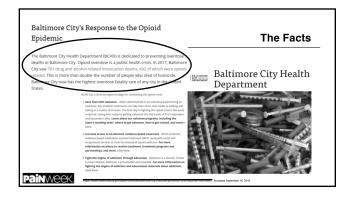




THE DENVER POST "The state tracks opioid prescriptions, but doctors aren't required to check the database" "The vast majority of states require clinicians to check the Prescription Drug Monitoring Program (PDMP) database before writing most opioid prescriptions" "The Vast majority of states require clinicians to check the Prescription Drug Monitoring Program (PDMP) database before writing most opioid prescriptions" "The Denver policy for the Commercial Control of Public Health and Environment The Denver Post "Deliver Colorado Dept. of Public Health and Environment The Denver Post "The Denver Post

The Denver Post A crackdown on overprescribing isn't enough — drug treatment options remain a challenge. According to policymaken, Colocado's initial efforts to restrict opioid prescriptions may have an unintended effect pushing addicts to opioids such as heroin or fentanyl. The trend is spotlighting the limited treatment options for drug uses who want halp. Colorado heroin-related overdose deaths Heroin death have hereased by more than 500 percent since 2006. 79 91 11 12 13 14 15 16 79 Denver Post Politicatio townore 7, 2017 or 1282 are (PPOLITIC November 6, 2017 at 1282 are (PPOLITIC Nov

THE DENVER POST Doctors will soon get opioid prescription "report cards." To educate doctors about the dangers of overprescribing opioids, Colorado is testing a relatively new idea that is showing early results – prescriber report cards. The reports, also known as scorecards, will give clinicians a summary of their prescriber history and how they rank with their peers in the same specialty in terms of dosage, duration and type of drug, By JOHN FRANK | (Parling demonsport card) | The Dense Foxt | The Color Fo





Important Societal Questions

Bill of Rights for Reople with Chronic Pain

Is the Current Climate Living up to Promises Made in the Past?

Does the chronic pain patient still have rights?

Is this a problem about chronic pain patients abusing prescription pain medications?

- The right to have your pain re-assessed regularly and your treatment adjusted if your pain has not been eased.
- The right to be referred to a pain specialist or other healthcare provider if your pain persists.

THE DENVER POST

Chronic pain patients say they are hurt by Colorado's opioid prescription guidelines

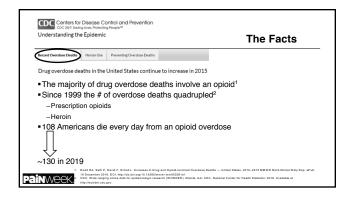
Some Colorado doctors are refusing to prescribe opioids to chronic pain

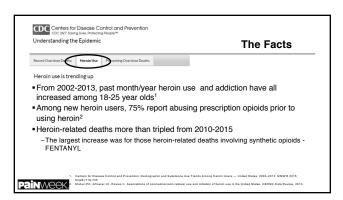


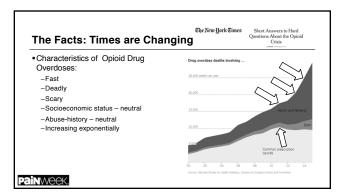
we, across Colorado and the rest of the tion, these policies intended to address doid abuse have unsepectedly harmed tients who depend on the drugs to treat tients who depend on the drugs to text oruic conditions, pain specialists and tient advocates say. The policies are opposed to offer guidance — helpful vice to doctors to be cautious in sescribing more than a certain amount of ioids to any one patient.

The Clinical **Implications**

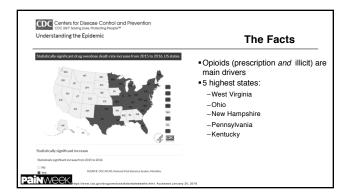
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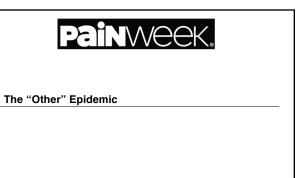




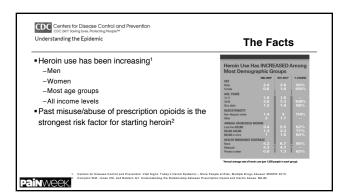


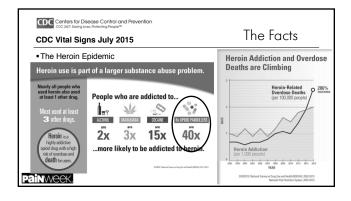
Contest for Disease Control and Prevention CCC 2017 Sorra Dawn Prevention Program Understanding the Epidemic	The Clinical Implications
Record Overdose Deaths Heroin Use Preventing Overdose Deaths	
Improved opioid prescribing	
Expanded access to substance abuse trea	tment
Naloxone	
■ Prescription Drug Monitoring Programs (P	DMPs)
State-level strategies to prevent high risk p	rescribing and opioid overdoses
 Improved detection of illegal opioid use by 	law enforcement
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CHAPACON	

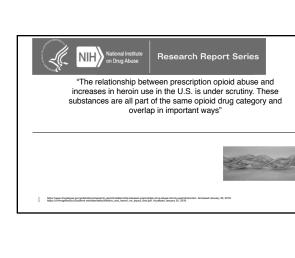


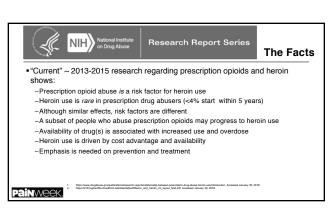


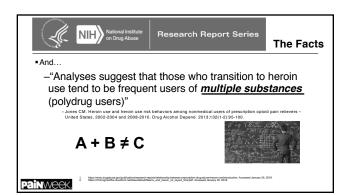
Heroin • Highly addictive • It is an opioid • Made from morphine —~3 times more potent • A natural substance - Extracted from the opium poppy plant • Asia • Mexico • Colombia

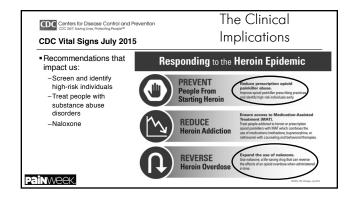


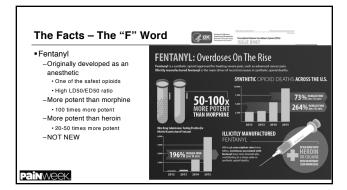


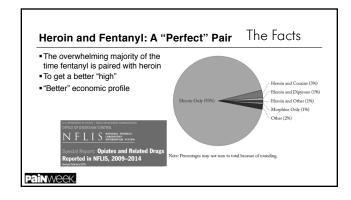




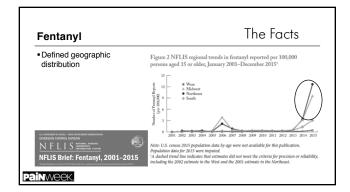


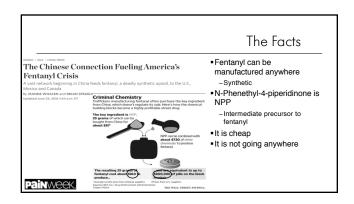






Fentanyl	The Facts
■ Drug seizures involving fentanyl are	Drug seizures containing fentanyl
going up dramatically	30,000
	Fentanyi reports — 25,000 doubled in 2016
	20,000
	15.000
	10,000
U.S. OFPREMENT OF JUSTICE - ORDIG DIFFORCEMENT JOHNINGSTRATION DIVERSION CONTROL DIVISION N. I. C. J. J. C. MATIOMAL FORENSIC	A 2006 spike was traced to a single lab in Mexico
N F L I S LANGARTORY INFORMATION SYSTEM	
NFLIS Brief: Fentanyl, 2001–2015	01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 1
The updated findings proceeded in this NYTSS Brief should not be compared with amount finances lates published previously by NYTSS.	Source: D.E.A. National Forensic Laboratory Information System





Terminology

The Facts

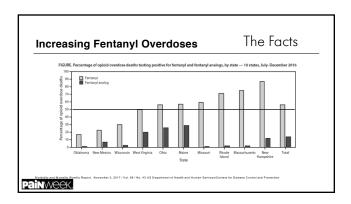
- A very small amount of fentanyl is potentially fatal
 This applies to licit or illicit fentanyl
- Illicitly manufactured fentanyl is likely no more dangerous than legally manufactured fentanyl
- Fentanyl label:



- FENTANYL CITRATE SHOULD BE ADMINISTERED ONLY BY PERSONS

 SPECIFICALLY TRAINED IN THE USE OF INTRAVENOUS ANESTHETICS AND MANAGEMENT OF THE RESPIRATORY EFFECTS OF POTENT OPIOIDS
- -AN OPIOID ANTAGONIST, RESUSCITATIVE AND INTUBATION EQUIPMENT AND OXYGEN SHOULD BE READILY AVAILABLE
 -Fentanyl may cause muscle rigidity, particularly involving the muscles of respiration
- -DIMINISHED SENSITIVITY TO CO2 STIMULATION MAY PERSIST LONGER THAN DEPRESSION OF RESPIRATORY RATE

The Implications A Fentanyl Crisis In 24 of the nation's largest cities fatal fentanyl-related overdoses increased 600% from 2014-2016 The Washington Post Painweek.



Different	Types	of Fentan	yl and	Presentations
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- Different formulations and varying potencies:
- Presentations
- -Powder -Counterfeit pills





Carfentanyl

■ Synthetic

- · Large animal anesthetic
- 100 times more potent than fentanyl
- 10,000 times more potent than morphine Airborne/skin exposure often fatal
- -2012 Moscow Theater Hostage Crisis

The Facts

The Washington Post

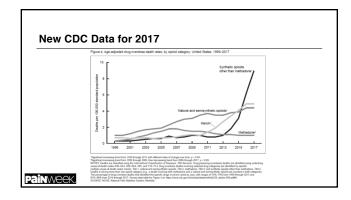


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The Facts

- Fentanyl in the wrong hands is deadly
- Potentially contributing significantly to overdose/fatal overdose risk
- Analogs not often tested for in routine toxicology testing
- Naloxone is a *bridge* to survival but not a final solution
- -Re-narcotization from fentanyl is common
- -Blunting of CO₂ response *will persist*-Diminished hypoxic drive may persist





New CDC Data for 2017

■ The age-adjusted rate of drug overdose deaths involving synthetic opioids other than methadone (drugs such as fentanyl, fentanyl analogs, and tramadol) increased by 45% between 2016 and 2017, from 6.2 to 9.0 per 100,000

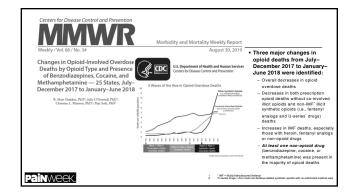
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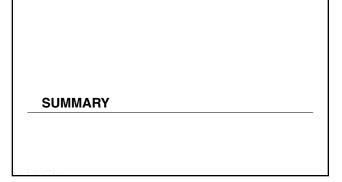
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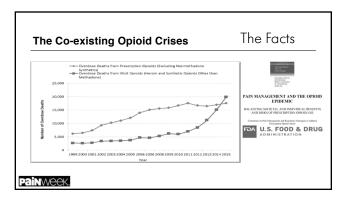
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Fentanyl Has Taken Over the Lead... National Vital Statistics Reports Values 67, Number 9 Drugs Most Frequently Involved in Drug Overdose Deaths: United States, 2011–2016 Wars 1 United States, 2011–2016 Wars 2 United States, 2







We didn't Start the Fire...Or did We?

- Significant controversy exists to the relationship between prescription opioids and the heroin/fentanyl epidemic
 - -Tracking back to prescribers
 - The 1990s when opioid prescribing increased

 Pain being designated as the "5th vital sign" in 2000

 Pain Bill of Rights

 Evolution of "pill mills"

 - -Related to cost and availability
 - Heroin and fentanyl are cheaper and stronger



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Who and What is Our Responsibility?

We Are Involved Like it or Not

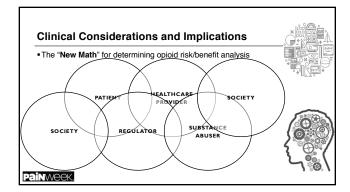
Does the United States Own The Problem??

- ■We are not alone
- ■This is a global issue
- In 2015, approximately ¼ billion people abused/misused drugs
- ~ 29.5 million (0.6% of global adult population) engaged in problematic use/suffered from substance use disorder
- ■70% of the global burden of disease caused by drug use disorders attributable to opioid



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However	The Facts Percentage of deaths classified as drug-related V.S.
Drug-related deaths remain highest in the U.S.	1.5%
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Final Thoughts

- We must consider the parallel "opioid" crises that exist today -Our role in these problems

- Heroin and fentanyl are not going anywhere
 Remember the "New Math"
 Naloxone is likely something to keep top of mind
 Avoidance of "risky" situations is critical
- Strongly consider and document appropriate candidates for fentanyl-based therapies
- DO NOT CO-PRESCRIBE OPIOIDS and BENZODIAZEPINES
- Everyone is looking at us as an integral part of solving the "other" opioid crisis
- Everyone is looking to us to be a part of the solution to both crises

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Final Thoughts	
Final Thoughts But Let's not make patients "pay" for the other crisis	
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Secretary as another	
The second second	
"Cure sometimes, treat often, comfort always."	-
- Hippocrates	
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Questions?	-
Questions?	