



**The Regulatory Agency
Will See You Now**

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Disclosures

Nothing to Disclose

Learning Objectives

- Identify pain treatment-related regulatory agencies
- Discuss the changing role of regulatory agencies in today's pain management environment
- Review similarities and differences between regulatory approaches to prescribing practices
- Discuss the negotiation between regulatory forces and practical clinical aspects of managing patients with chronic pain



What is a Regulatory Agency?

▪ A regulatory agency is a **public authority or government agency** responsible for exercising some kind of autonomous authority over some area of human activity in a regulatory or supervisory capacity

– Also know as:

- Regulatory Authority
- Regulatory body
- Regulator



significant
OTHER

PainWeek

Regulatory Scrutiny?

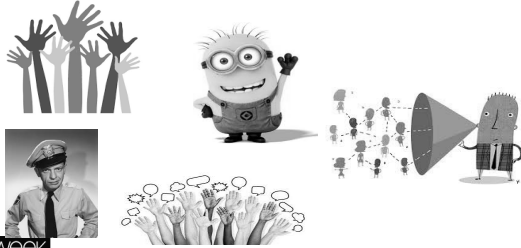


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The Facts

It's a Crowded Field

The Facts



Who Does What?

The Facts

Centers for Medicare and Medicaid (CMS)

- Oversee most of the regulations related directly to the health care system
- Provides government-subsidized medical coverage through a number of programs:
 - Medicare
 - Medicaid
 - State Children's Health Insurance Program (CHIP)
 - Health Insurance Portability and Accountability Act (HIPAA)



Who Does What?

The Facts

The Agency for Healthcare Research and Quality (AHRQ)

- Conducts research
- Develops education
- Generates measures and data
- Goals include:
 - Reducing costs
 - Improving safety
 - Decreasing medical errors



Who Does What?

The Facts

▪ **The Joint Commission**

- The Joint Commission accredits and certifies nearly 21,000 health care organizations and programs in the United States
- Joint Commission accreditation and certification is recognized nationwide as a symbol of quality that reflects an organization's commitment to meeting certain performance standards



Who Does What?

The Facts

▪ **The National Committee for Quality Assurance (NCQA)**

- Helps to build consensus around important healthcare quality issues and to decide what's important, how to measure it, and how to promote improvement by working with:
 - Large employers
 - Policymakers
 - Healthcare providers
 - Patients
 - Health plans



Who Does What?

The Facts

▪ **The Office of National Drug Control Policy (ONDCP)**

- Works to reduce drug use and its consequences by leading and coordinating the development, implementation, and assessment of U.S. drug policy
- In addition to its vital ongoing work, ONDCP also provides administrative and financial support to the President's Commission on Combating Drug Addiction and the Opioid Crisis



Who Does What?

The Facts

The Environmental Protection Agency (EPA)



- Mission is to protect human health and the environment
-Plays an integral role in U.S. policies concerning natural resources, human health, economic growth, energy, transportation, agriculture, industry, and international trade
-Ensuring that federal laws protecting human health and the environment are enforced fairly and effectively

Accessed July 13, 2017.



Seven horizontal lines for notes.

Who Does What?

The Facts

The Drug Enforcement Administration (DEA)



- Enforces controlled substances laws and regulations as they pertain to the manufacture, distribution, and dispensing of legally produced controlled substances
-Brings criminal and civil justice actions against organizations and principal members of organizations, involved in the growing, manufacture, or distribution of controlled substances appearing in or destined for illicit traffic in the U.S.

Accessed July 13, 2017.



Seven horizontal lines for notes.

Who Does What?

The Facts

The Federation of State Medical Boards (FSMB)

- Represents the 70 state medical and osteopathic regulatory boards (state medical boards)
-Supports its member boards as they fulfill their mandate of protecting the public's health, safety and welfare through the proper licensing, disciplining, and regulation of physicians and, in most jurisdictions, other healthcare professionals



Accessed July 13, 2017.



Seven horizontal lines for notes.

Who Does What?

The Facts

- **The Centers for Disease Control and Prevention (CDC)**
 - Main goal is to **protect public health and safety** through the **control and prevention of disease**, injury, and disability in the US and internationally
 - Focuses mainly on infectious disease, food borne pathogens, environmental health, occupational safety and health, health promotion, injury prevention and educational activities designed to improve the health of United States citizens
 - Researches and provides information on non-infectious diseases** is a founding member of the International Association of National Public Health Institutes



http://www.cdc.gov/about/cdc/about.htm Accessed July 13, 2017.

Who Does What?

The Facts

- **The Food and Drug Administration (FDA)**
 - Responsible for **protecting the public health** by ensuring the safety, efficacy, and security of human and veterinary drugs, biological products, and medical devices
 - Ensures the safety of our nation's food supply, cosmetics, and products that emit radiation



http://www.fda.gov/oc/whoweare.htm Accessed July 13, 2017.

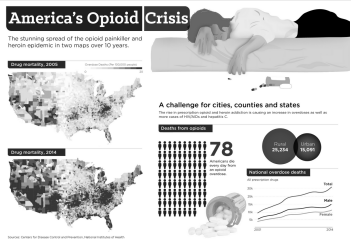


So What?



So What?

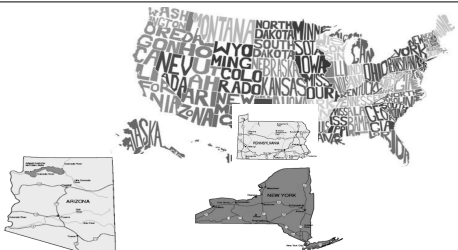
The Facts



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So What?


The Implications



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So What?

The Implications



This is an important message from the Board delivered to your registered primary email address

Dear Arizona Physicians:
 On June 5, 2011, Governor Ducey declared a state of emergency in response to the statewide epidemic of opioid abuse. Governor Ducey issued Executive Order 2017-04, Enhanced Surveillance Authority.
 Attached please find a letter to a letter from Cara Chris, M.D., M.S., Director of the Department of Health Services, informing the medical community of the new requirements related to reporting suspected opioid overdoses and deaths.
 This is one of the first steps in gathering important data to assist in monitoring the problem and devising strategies to combat this serious health epidemic.
 Very truly yours,
Patricia McSorley
 Patricia McSorley, J.D.
 Executive Director
 Arizona Medical Board

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So What?

The Implications

Governor Ducey Declares Statewide Health Emergency In Opioid Epidemic June 5, 2017

News Release
 Newly released data from the Arizona Department of Health Services shows in 2016, 790 Arizonans died from opioid overdoses — an average of more than two people per day. The trend shows an alarming increase of 74 percent over the past four years. Today's declaration by the governor directs the Arizona Department of Health Services to rapidly respond to this public health emergency.

- prevent prescription opioid drug abuse through appropriate prescribing practices,
- develop guidelines to educate healthcare providers on responsible prescribing practices,
- expand access to treatment, especially Medication Assisted Treatment (MAT), and
- reverse overdoses through the distribution of naloxone.



Arizona Department of Health Services. "Governor Ducey Declares Statewide Health Emergency In Opioid Epidemic." Accessed July 14, 2017.



The Implications

Dear Partners,
 On June 5, 2017, Arizona Governor Doug Ducey declared a Public Health State of Emergency due to the opioid epidemic. The declaration directs Arizona Department of Health Services to lead the statewide emergency response.

Pursuant to A.R.S. §16-292, an Enhanced Surveillance Advisory has been issued to track opioid mortality and morbidity. Required reporting within 24 hours of the event below will go into effect June 16, 2017.

Required Reporters	Health conditions to be reported	Reporting System
Healthcare professionals licensed under A.R.S. Titles 23 and 36	<ul style="list-style-type: none"> • Suspected opioid overdose • Suspected opioid deaths • Suspected substance syndromes 	MEDES Training: www.azdhs.gov/opsidtraining New Accounts: HealthInfo@azdhs.state.arizona.gov
Administrators of a healthcare institution or correctional facility	<ul style="list-style-type: none"> • Suspected opioid overdose • Suspected opioid deaths • Suspected substance syndromes 	MEDES Training: www.azdhs.gov/opsidtraining New Accounts: HealthInfo@azdhs.state.arizona.gov
Emergency Medical Services/ Ambulance agencies (First response agencies, ground and air ambulance agencies)	<ul style="list-style-type: none"> • Suspected opioid overdose • Suspected opioid deaths • Naloxone doses administered 	AZ-PRES Training: www.azdhs.gov/opsidtraining New Accounts: AzPres@azdhs.gov
Law enforcement officers	<ul style="list-style-type: none"> • Suspected opioid overdose • Suspected opioid deaths • Naloxone doses administered 	AZ-PRES Training: www.azdhs.gov/opsidtraining New Accounts: AzPres@azdhs.gov
Medical examiners	<ul style="list-style-type: none"> • Suspected opioid deaths 	MEDES Training: www.azdhs.gov/opsidtraining New Accounts: HealthInfo@azdhs.state.arizona.gov
Pharmacists	<ul style="list-style-type: none"> • Naloxone doses dispensed 	MEDES Training: www.azdhs.gov/opsidtraining New Accounts: HealthInfo@azdhs.state.arizona.gov Prescription Drug Monitoring Program (PDMP) Training: www.azdhs.gov/opsidtraining New Accounts: HealthInfo@azdhs.state.arizona.gov



NYS – PMP

The Implications



- Internet System for Tracking Over-Prescribing
 - Effective August 27th, 2013, most prescribers are required to consult the **Prescription Monitoring Program (PMP) Registry** when writing prescriptions for Schedule II, III, and IV controlled substances
 - The registry provides practitioners with direct, secure access to view dispensed controlled substance prescription histories for their patients
 - The PMP is available 24 hours a day/7 days a week via an application on the Health Commerce System (HCS) at <https://commerce.health.state.ny.us>
 - Reports include all controlled substances that were dispensed in New York State and reported by the pharmacy/dispenser for the past six months
 - This information allows practitioners to better evaluate their patients' treatment with controlled substances and determine whether there may be abuse or non-medical use



So What?

The Implications

ELECTRONIC PRESCRIBING

Revised: November 2016



NEW YORK STATE DEPARTMENT OF HEALTH
Bureau of Narcotic Enforcement

Q2: Is Electronic Prescribing mandatory for New York State practitioners?
A2: As of March 27, 2017, will be mandatory for practitioners, excluding veterinarians, to issue electronic prescriptions for controlled and non-controlled substances. Electronic prescribing of controlled substances will require additional security features and registration of the certified software application with the Bureau of Narcotic Enforcement.



So What?

The Implications

Department of Health
Mandatory Prescriber Education Guidance

Prescribers licensed under Title 25 of the Education Law in New York to treat patients and who have a DEA registration number to prescribe controlled substances, as well as individuals who prescribe controlled substances under a state controlled substance registration, must complete at least 1 hour of online work or training in one year.

- The online work or training must include the following eight (8) topics:
 - New York State and federal requirements for prescribing controlled substances
 - Safe prescribing
 - Appropriate prescribing
 - Prescription drug use
 - Controlled substances
 - Prevention, monitoring and signs of addiction
 - Response to abuse and addiction and
 - Use of pill cap



So What?

The Implications

pennsylvania
Department of Health
IN CASE YOU MISSED IT - New PA PDMP requirements for prescribers

New legislative changes to the Prescription Drug Monitoring Program (PA PDMP) went into effect on Jan. 1, 2017.

- Here is what you need to know:
 - Prescribers must now verify the PA PDMP each time a patient is prescribed an opioid regardless of how long ago the prescriber. There are exceptions for emergency departments and for patients who are admitted to a health care facility, and there can be found on our website's Frequently Asked Questions (FAQ) page.
 - Dispensing practitioners must now submit data to the PA PDMP 100% that the date of the subsequent business day Monday through Friday after dispensing the controlled substance, as opposed to the previous requirement of within 72 hours.



So What?

The Facts



Pennsylvania Prescription Drug Monitoring Program Now Sharing Data with 11 Other States and D.C.

The Pennsylvania Prescription Drug Monitoring Program's (PDMP) has now connected with 11 other states in an effort to foster data sharing among PDMPs. Exchange sharing of data helps prescribers and pharmacists get a more complete picture of their patients' controlled substance prescription histories, regardless of which state they filed their prescription in.

Users of the PA PDMP can now see if their patients have filed controlled substance prescriptions in Connecticut, Illinois, Louisiana, Massachusetts, New Jersey, New York, Ohio, Texas, Virginia, West Virginia, and Washington D.C. Additionally, a one-way sharing connection has been established with Maryland, enabling their program users to search for the PDMP. The PA PDMP Office invites all other states to begin sharing data, and anticipates that Pennsylvania will connect with more state PDMPs in the upcoming events.



So What?

The Implications

OPIOID PRESCRIBING GUIDELINES

Under Governor Wolf's leadership, his administration has taken significant steps to improve better pain management practices. The Department of Health and the Department of Drug and Alcohol Programs continue to take and implement these steps through the new PA PDMP. The new PA PDMP continues to provide better pain management and improve patient care while reducing the risk of addiction. The PA PDMP is a critical tool for prescribers and patients alike.

Click on an image below to download a PDF of the guidelines.

[Download PDF](#) [Download PDF](#) [Download PDF](#)

https://www.health.pa.gov/topics/prevention/behavioral-health/mental-health/medication-assisted-treatment/Pages/Prescribing-Guidelines.aspx?Accessed July 14, 2017.



So What?

The Implications

• Maine

- **January 1, 2017**
 - Mandatory check of PDMP
 - Limits on opioid prescribing for
 - acute and chronic pain
- **July 1, 2017**
 - Mandatory electronic prescribing
 - Patients with active prescriptions in excess of 100 morphine milligram equivalents must be tapered
- **December 31, 2017**
 - CME requirement for prescribers





The Role of Regulatory Agencies

The Role of Regulatory Agencies

The Facts

January 5, 2017

Centers for Medicare & Medicaid Services (CMS)
Opioid Misuse Strategy

CENTERS FOR MEDICARE & MEDICAID SERVICES (CMS) OPIOID MISUSE STRATEGY 2016

CMS has made attacking this devastating epidemic a top priority and is providing help and resources to clinicians, beneficiaries, and families. This is an ongoing CMS strategy, as part of the HHS Opioid Initiative launched in March 2015, to combat misuse and promote programs that support treatment and recovery support services. The CMS effort includes four priority areas:

1. Implement more effective person-centered and population-based strategies to reduce the risk of opioid use disorders, overdoses, inappropriate prescribing, and drug diversion.
2. Expand naloxone use, distribution, and access, when clinically appropriate.
3. Expand screening, diagnosis, and treatment of opioid use disorders, with an emphasis on increasing access to medication-assisted treatment and management.
4. Increase the use of evidence-based practices for acute and chronic pain management.

URL: <http://www.cms.gov/medicare/medicare-eligibility/eligibility-requirements/medicare-eligibility-requirements-for-2017> Accessed July 14, 2017



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The Facts



- **Supporting the Department of Health and Human Services Initiative**
 - Increasing the evidence base with research and data
 - Investing ~\$12 million over next 3 years to explore how to best support rural primary care practices using medication-assisted therapy and overcoming educational barriers

URL: <http://www.aahrq.gov/pubs/reports/summaries/primary-care-education/> Accessed July 14, 2017



The Role of Regulatory Agencies

The Implications

SAFE USE OF OPIOIDS IN HOSPITALS

- Create and implement policies and procedures for the ongoing clinical monitoring of patients receiving opioid therapy
- Create and implement policies and procedures that allow for a second level review by a pain management specialist or pharmacist
- Track and analyze opioid-related incidents
- Use information technology to monitor prescribing
- Advise clinicians who prescribe pain medications to use both pharmacologic and non-pharmacologic alternatives
- Educate and assess the understanding of staff
- Educate and provide written instructions to patients on opioids
- Assess the organization's need for training based on the analysis of reported adverse events, near misses and staff observations



The Role of Regulatory Agencies

The Implications

Proposes new measures to assess potentially inappropriate use of opioids:

- Assesses whether health plan members 18 years and older receive:
 - Long-term opioids at high dose
 - Opioids from multiple prescribers or multiple pharmacies
 - Long-term, high-dose opioids from multiple prescribers and multiple pharmacies



<https://www.ncqa.org/press-releases/2017/07/14/ncqa-releases-report-on-opioid-prescribing-patterns-in-health-plans/> Accessed July 14, 2017



The Role of Regulatory Agencies

The Facts

President's Commission on Combating Drug Addiction and the Opioid Crisis



- Mission
 - To study the scope and effectiveness of the Federal response to drug addiction and the opioid crisis and to make recommendations to the President for improving that response including
 - Availability of addiction treatment and drug reversal
 - Best practices for prevention including education and PDMPs

<https://www.whitehouse.gov/the-press-office/2017/07/15/president-commission-on-combating-drug-addiction-and-the-opioid-crisis/> Accessed July 15, 2017



The Role of Regulatory Agencies

The Implications

Collecting and Disposing of Unwanted Medicines

What to do with Unwanted or Expired Medicines

- Guidelines for disposal
- Take-back Events or Programs



http://www.epa.gov/guidance/collecting-and-disposing-unwanted-medicines/ Accessed July 15, 2017



The Role of Regulatory Agencies

The Implications

HEADQUARTERS NEWS

October 04, 2016
Contact: DEA Public Affairs
(202) 307-7977



DEA Reduces Amount of Opioid Controlled Substances to be Manufactured in 2017

- The United States Drug Enforcement Administration (DEA) has reduced the amount of almost every Schedule II opiate and opioid medication that may be manufactured in the United States in 2017 by 25 percent or more
- The purpose of quotas are to provide for the adequate and uninterrupted supply for legitimate medical need of the types of schedule I and II controlled substances that have a potential for abuse, while limiting the amounts available to prevent diversion

http://www.dea.gov/newsroom/2016/10/04/16.shtml Accessed July 15th 2017



The Role of Regulatory Agencies

The Facts



MODEL POLICY ON THE USE OF OPIOID ANALGESICS IN THE TREATMENT OF CHRONIC PAIN
Adopted as policy by the House of Delegates of the Federation of State Medical Boards in July 2013

- To provide state medical boards with an updated guideline for assessing physicians' management of pain
- To determine whether opioid analgesics are used in a manner that is both medically appropriate and in compliance with applicable state and federal laws and regulations



The Role of Regulatory Agencies

The Implications

- Consider treatment inappropriate including but not limited to:
 - Inadequate attention paid to initial assessment and risk determination
 - Inadequate monitoring of potential for aberrant drug-related behaviors and use of available tools
 - Inadequate attention to patient education and informed consent
 - Unjustified dose escalation
 - Excessive reliance on opioid analgesics (particularly high doses)



The Role of Regulatory Agencies

The Implications



CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016



The Role of Regulatory Agencies

The Implications

- Guidelines
 - Non-pharmacologic therapy and non-opioid pharmacologic therapy are preferred for chronic pain
 - Before starting opioid therapy for chronic pain, clinicians should establish treatment goals with all patients
 - Discuss known risks, benefits, and responsibilities with patients
 - Immediate-release opioids first



The Implications

The Role of Regulatory Agencies

Guidelines (Cont'd)

- Lowest effective dosage
 - Reassess risk/benefit if ≥ 50 MME/day
 - Avoid or carefully justify ≥ 90 MMD/day
- In acute pain, lowest effective dose, lowest quantity
- Re-evaluate risk/benefit in 1-4 weeks, then every 3 months
- Utilize strategies that mitigate risk
 - Opioid risk assessment
 - Naloxone



Horizontal lines for notes

The Implications

The Role of Regulatory Agencies

Guidelines (Cont'd)

- Check the PDMP
- Urine drug testing before initiation
 - At least annually
- Avoid concurrent opioids and benzodiazepines
- Offer or arrange for evidence-based treatment for patients with opioid use disorder



Horizontal lines for notes

The Implications

The Role of Regulatory Agencies

Checklist for prescribing opioids for chronic pain

WHEN CONSIDERING LONG-TERM OPIOID THERAPY

1. Do you have a clear, well-defined goal of therapy?
2. Have you considered non-opioid, non-pharmacologic, and behavioral options?
3. Have you considered the risks of long-term opioid therapy, including:
 - Tolerance, dependence, and addiction
 - Opioid use disorder
 - Accidents, falls, and injuries
 - Impaired judgment and decision-making
 - Stigma and social isolation
 - Potential for diversion and misuse
 - Potential for overdose and death
4. Have you discussed the risks and benefits of long-term opioid therapy with your patient?
5. Have you discussed the risks and benefits of non-opioid, non-pharmacologic, and behavioral options with your patient?
6. Have you discussed the risks and benefits of long-term opioid therapy with your patient's family or caregiver?
7. Have you discussed the risks and benefits of long-term opioid therapy with your patient's community?
8. Have you discussed the risks and benefits of long-term opioid therapy with your patient's employer?
9. Have you discussed the risks and benefits of long-term opioid therapy with your patient's school?
10. Have you discussed the risks and benefits of long-term opioid therapy with your patient's religious community?
11. Have you discussed the risks and benefits of long-term opioid therapy with your patient's cultural community?
12. Have you discussed the risks and benefits of long-term opioid therapy with your patient's social community?
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WHEN ASSESSING AN OPIOID USER

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Horizontal lines for notes


The Facts

The Role of Regulatory Agencies


U.S. FOOD & DRUG
 ADMINISTRATION

PAIN MANAGEMENT AND THE OPIOID EPIDEMIC

BALANCING SOCIETAL AND INDIVIDUAL BENEFITS AND RISKS OF PRESCRIPTION OPIOID USE
 July 13, 2017
 Committee on Pain Management and Regulatory Strategies to Address Prescription Opioid Abuse




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The Facts

The Role of Regulatory Agencies

▪ Mission:
 – Update information since IOM Report¹
 – The **evolving role** of opioid analgesics
 – Characterizing the **epidemiology of the opioid epidemic**

- Evidence on strategies for addressing it


U.S. FOOD & DRUG
 ADMINISTRATION



1. Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. Institute of Medicine, 2011.


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The Facts

The Role of Regulatory Agencies

▪ Identify actions to be taken by FDA and other agencies and organizations
 – Specifically incorporating individual and societal considerations into its **risk/benefit analysis** framework for approval and post-market surveillance
▪ Identify research questions that need to be addressed to assist the FDA in implementing this framework

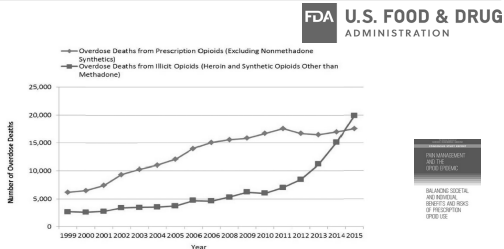

U.S. FOOD & DRUG
 ADMINISTRATION



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The Role of Regulatory Agencies

The Facts



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The Implications

- **Recommendations**
 - Invest in research to better understand pain and opioid use disorder
 - Consider potential effects of policies and programs for opioid analgesics on illicit markets
 - Improve reporting, invest in data, provide transparency
 - Incorporate public health considerations into FDA decision-making

FDA U.S. FOOD & DRUG ADMINISTRATION

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The Implications

- **Recommendations (Cont'd)**
 - Strengthen post-approval oversight
 - Review currently approved opioid analgesics
 - Establish comprehensive educational materials for patients and healthcare providers
 - Facilitate reimbursement for comprehensive approaches
 - Improve PDMP use and data

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The Role of Regulatory Agencies

The Implications

Recommendations (Cont'd)

- Evaluate impact of patient and public education
- Expand education and treatment for opioid use disorder
- Remove barriers to insurance coverage for Tx of opioid use disorder
- Leverage pharmacists
- Improve access to naloxone



Things May be Changing

The Implications



October 2020
Revised Edition
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Measuring Pain as the 5th Vital Sign Does Not Improve Quality of Pain Management

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Opioid Crisis: Scrap Pain as 5th Vital Sign?

Groups call on JC and CMS to re-evaluate policies that could lead to opioid overprescribing.
By Kristina Flores
Associate Editor, MedPage Today

CAHPS® Hospital Survey

JUL 18 | NEWS ON PHARMACY

To combat opioid epidemic, HHS moves to remove pain management questions from HCAHPS surveys

Many clinicians report feeling pressure to overprescribe opioids because scores on the pain management questions are tied to Medicare payments. Susan Morse, Associate Editor



December 17-18, 2018



FDA Advisory Committee Votes for Co-Prescribing Naloxone With Opioids

Regulatory Focus™ News Article - 12 • FDA Advisory Committee Votes for Co-Prescribing Naloxone With Opioids

Final 23 December 2018 (By Authors Review)

With a vote of 12-11, the joint meeting of the Anesthetics and Analgesic Drug Products Advisory Committee (ADAPAC) and the Drug Safety and Risk Management Advisory Committee (DSRMAC) voted in favor of adding labeling language that recommends co-prescription of naloxone for all oral acute pain reliever prescriptions.

The vote came after the result of advisory committee members questioning whether or prescribing necessarily addresses the opioid crisis at hand, while others said that co-prescribing is already the standard of care and therefore should be added to the labeling.

For instance, Kevin Zachary of the State University of New York, Stony Brook School of Medicine, voted yes and said the lack of co-prescribing is a message to health care providers prescribing opioids. "It will provide the discussion" around the use of naloxone, he added.

On the other side, Steven Mosler of Fairview Health Services/Healthcare Systems in Minneapolis said the vote is not because a public health problem requires a public health solution. All of the attention on labels is positive and does not reach the label anyone he added.

Others who voted no questioned whether a label change was necessary as co-prescribing already happens in vulnerable, high-risk groups. Some even raised questions about the cost of co-prescribing as some naloxone products can cost more than \$1,000. And others noted that co-prescribing does not address the opioid crisis.

Naloxone manufacturers that presented at the advisory committee meeting were all in favor of co-prescribing naloxone with opioids. Adelphi Pharma said it hasn't raised the price of Narcan for three years and there are no plans to do so.



December 19, 2018

HHS.gov

U.S. Department of Health & Human Services

FOR IMMEDIATE RELEASE
December 19, 2018

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HHS recommends prescribing or co-prescribing naloxone to patients at high risk for an opioid overdose

Adm. Brett P. Giroir, MD, assistant secretary for health and senior advisor for opioid policy, today released guidance – [PDF](#) – for healthcare providers and patients detailing how naloxone – the opioid overdose reversal drug – can help save lives and should be prescribed to all patients at risk for opioid complications, including overdose.

"Given the scope of the opioid crisis, it's critically important that healthcare providers and patients discuss the risks of opioids and how naloxone should be used in the event of an overdose," said Adm. Giroir. "We have begun to see some encouraging signs in our response to the opioid crisis, but we know that more work is required to fully reverse the decades-long epidemic. Co-prescribing naloxone when a patient is considered to be at high risk of an overdose, is an essential element of our national effort to reduce overdose deaths and should be practiced widely."



The California Death Certificate Project

- Investigators are going back **three years to identify any doctors who may have prescribed the drugs inappropriately when someone dies of an overdose death**, even if it was not the fatal dose, and send them letters
- A physician in San Francisco was sent a letter explaining that a patient he had treated died in 2012 from taking a toxic cocktail of methadone and Benadryl — and he was the doctor who wrote the patient's last prescription for methadone
- He had **two weeks to respond to the letter** with a written summary of the care he had provided, and a certified copy of the patient's medical record facing fines of \$1,000 per day if he didn't comply

California Doctors Alarmed As State Links Their Opioid Prescriptions to Deaths

By KYLE ANDERSON
KYLE ANDERSON
KYLE ANDERSON



Massachusetts Sends Warning to Prescribers

- Letters went to physicians and others identified as having **prescribed opioids to a patient within 60 days of the patient's death — or to a patient who subsequently died from an opioid overdose**, U.S. Attorney Andrew Lelling said Thursday in a statement

Mass. U.S. Attorney Warning Doctors About Prescribing Opioids



PHOTO BY AP/WIDEWORLD. Opioids are a leading cause of death in the United States. (AP Photo/Chris Wedel)



The Implications

Conclusions

- There are a lot of cooks in the kitchen...



- How does this affect clinical practice?



You Need to Know...

The 660-Page Opioids Bill Is Now the Law. Here's What's in It.

NOVEMBER 1, 2018
By Billy Wynne, Dawn Joyce

660 PAGES



Conclusions

- Start with **state-level requirements**
- Think DEA
- Pro-active **education**
- Discussion
- Consider **societal** outcomes
- Documentation





"Cure sometimes, treat often, comfort always."
— Hippocrates

Painweek

Painweek

Questions? _____
